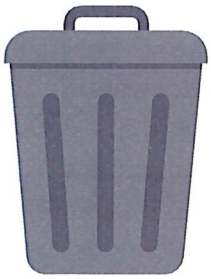
Rural Community Over North News
Upper Miramichi



November 2026

****Office closed November 11th, 2026 in honour of Remembrance Day****





November 3rd - Garbage & Recycle
November 10th - Garbage
November 17th - Garbage & Recycle
November 24th - Garbage



Monthly Meetings

The next regular monthly meeting of the Rural Community of Upper Miramichi will take place on November 23rd at 7PM in the community room at the Upper Miramichi community center

Deadline for receipt of agenda items to the clerk for this meeting is November 19th by 3PM

Landmark Lodge #51 F & AM	3rd Tuesday of the month
Normandy Branch #78 Legion	2nd Wednesday of the month
Normandy Branch #78 Ladies Auxiliary	3rd Tuesday of the month
Upper Miramichi Lions Club	1st Sunday of the month



Message from the Mayor

October is behind us, the beautiful fall colours were in full display.
The temperatures are slowly but surely falling.

Partridge season is ongoing, as well as Deer season. To all hunters and outdoor enthusiasts, please be careful. We have some of the most beautiful scenery and locations in the Province.
Hopefully everyone can get out and enjoy it.

The new sign of the Trailhead building, in the Business Park has been installed.
We will have a grand opening of the building at a later date.

The Tourism Kiosk is slowly getting sealed up.
It's been tough to stay at it; Moose season, meetings and weather keeps getting in the way.

I would like to thank and Congratulate Rebecca Matchett and all of the volunteers that made the Community Meals happen. I know how much work goes into something of that magnitude. Well done!

I hope everyone had a great Thanksgiving, and Halloween.
Next up is Remembrance Day, please get out and support our Veterans, as well as active members of our Military. These are the men and women who makeit possible for us to have the freedoms that we are accustomed to.

MAYOR AND COUNCIL HAVE A REQUEST OF ALL RESIDENTS OF THE RURAL COMMUNITY OF UPPER MIRAMICHI.

Please consider participating in the recycling program. For those that already participate thank you. Our cost for Garbage pickup etc continues to increase, recycling is now paid for by the Provincial Gorvernment through Circular Materials. This means that the more material placed in recycle bins, the lower our costs can be.

Happy November
Mayor Frank McKeil

Rural Community of Upper Miramichi Contact Information

6094 Route 8, Boiestown, NB, E6A 1M7
Office : 506-369-9810

Clerk - Mary Hunter - 506-365-0160 email: mhunter@uppermiramichi.ca
Asst Clerk - Margie McKay-Lyons - 506-470-8185 email : mlyons@uppermiramichi.ca
Maintenance/Park- Darcy Beek - 506-449-9322 email: dbeck@uppermiramichi.ca

Please note new email to be used for ONN ads only
onn@uppermiramichi.ca
If this email is not used your ad may be missed.

Council

Mayor Frank McKeil - 506-447-1305 email: mayor@uppermiramichi.ca
Ward 1 - Councillor Wendy Wellwood - 902-789-2014 email : wwellwood@uppermiramichi.ca
Ward 2 - Deputy Mayor Grant Ross - 506-260-4822 email: gross@uppermiramichi.ca
Ward 3 - Councillor Nolan Astle 587-338-3465 email: nastle@uppermiramichi.ca
Ward 4 - Councillor Joe Hunter - 506-260-2860 email: jhunter@uppermiramichi.ca

Mayor Frank McKeil
Forestry

Councillor Wendy Wellwood
Emergency Measures Operation
Business Park
Doaktown Arena

Councillor Joe Hunter
Solid Waste
Planning & Development

Councillor Grant Ross
Parks & Recreation
Library Board
Fire Department

Councillor Nolan Astle
Economic Development
Transportation
Liaison with Village of Doaktown

Co Chairs
Tourism
Mayor Frank McKeil & Councillor Joe Hunter

Community Housing Development
Mayor Frank McKeil & Councillor Grant Ross

Health Committee
Mayor Frank McKeil & Councillor Wendy Wellwood

Upper Miramichi Trailhead GRAND OPENING

You are invited to attend the grand opening of the Upper Miramichi trailhead! Check out our building and enjoy hamburgers, hot dogs, and drinks. Ask questions, meet councillors and staff, and members of our local ATV and snowmobile clubs

QUADNB

SNOWMOBILE MOTONEIGE NB

Boiestown ATV CLUB



Nov 14th @ 11:00

6504 Route 8, Boiestown, NB

RURAL COMMUNITY OF UPPER MIRAMICHI

Notes for the Building Process

You must have septic approval before you can be issued a building permit - permits will not be issued until the certificate of approval is provided.

Next you will meet with the Development Officer to fill out the application to build

You will need to pay for the permit before it is given to you

You can pay by check, cash or etranfer

You should meet with the Development Officer to gather the information needed before you start to build. By doing these steps it could prevent delays in the paperwork and building process.



Contact Nolan Astle Developement Officer
1-587-338-3465
email: rcumplanning@gmail.com



Joe's Garbage Pick-Up Ltd
506-622-8021

FOLLOW
Joe's Garbage Pick-Up Ltd. On Facebook for updated to your collection schedule.

Metal items will be picked up twice a year Spring and Fall
(Advertisement will take place in the Over North News
at the beginning of each month it takes place)
Examples: fridge, freezer, hot water tank, bed rails, washer, dryer, bbq, dishwasher, treadmill, air conditioner, etc...

Every Garbage Day you are allowed:
6-7 bags of garbage
One large item
Examples: couch, chair, rug, mattress, box spring, tv, microwave, dresser, etc
Windows are accepted if you have a large window or patio door glass should be removed and packaged separately. Examples boxed or in a pail.

We don't accept: Sand, gravel, rocks, bricks, manure, dead animals, car or snowmobile parts, propane tanks, trees, lumber, oil, construction materials, hazardous waste, human waste, dog waste, tires or items heavier then 50lbs.
All items should be bagged, boxed or tied!

All items roadside 6am on your regular day.

Recyleables can be placed in clear blue recycling bags
and put roadside on recycle collection day!

RECYCLING INFORMATION



Porters Bottle Exchange
1 Nelson Hollow Drive
506-365-7326





Redemption Center
(return for refunds accepted)

Hours as follows:
8 am - 4 pm
Monday & Tuesday
Thursday & Friday
Lunch 11:30 - 12:00 (closed)

Closed on Wednesday & Sunday

Closed Monday October 12th - for Thanksgiving



**New hours for Saturday
Saturday 8 am - 12 noon



Now accepting Electronics
(no fridges, stoves, freezers,
air conditioners or dehumidifiers)
Phamplets outiling items that can be accepted are available at the shop.
If you have any questions please contact us at the phone number listed above.





Glass bottles are being accepted for recycling purposes all other recycling must go to your recycle bin, any recyclable items other than glass will be returned to the customers!
Bottles must be rinsed clean and covers removed

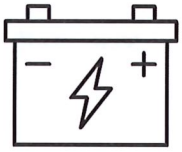
Left over paint can be returned to



Doaktown Home Hardware
420 Main Street, Doaktown

STEWARTS SERVICE STATION
605 Main Street, Doaktown
506-365-4667







Accepts Used Oil, Oil Filters, Antifreeze, Batteries, Tires and Scrap Metals for Recycling

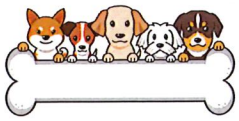
Used tires can be taken to any garage or store that sells tires. There is not any charge to drop them off, however due to limited storage space, there is a drop off limit of five (5) tires. Anyone with a large number of tires should contact :
Recycle NB



www.recyclenb.com
1-888-322-8473

You CAN recycle milk cartons, and plastic containers with the numbers :
1,2,4,5 and 7
on them.
Please rinse them first!

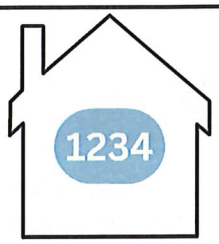



All dogs big or small, don't forget to tag them all! Tags can be purchased at the Rural Community Office.

$10. Males and Spayed Females
$20. Un-spayed Females

You MUST show your proof of Rabies Vaccination before you can purchase your tags.
Tags are a one time thing. If you lose your tag, you can purchase a replacement for a small fee of $3. Your dog must be kept in your control at all times and must remain on your property unless leashed and in your control.



Residents of Upper Miramichi can purchase a civic number at the RCUM Office.
It is important to have your number posted in front of your home in a clearly visible place.

This Number is used by ambulances, fire and police in case of emergency at your home.

$15. per sign

It could be the difference in time that is needed to save a life!

DID YOU KNOW...

Life line is available in our area!



Anyone interested in acquiring this service for themselves or a loved one, can call the following number to get the information they need!

Lifeline
1-800-387-8120
Monday - Friday



Hours for the
Boiestown Health Clinic
506-369-2700

Monday 8 - 7
Tuesday 8 -4
Wednesday 8-4
Thursday 8 - 4
Friday 8 - 12:30

$ ONN AD PRICES

1/4 page : $15.00
1/3 page : $20.00
1/2 page : $25.00
Full page :$30.00

Entries for the over north news are due no later than the 15th of each month.

Please submit your ad by this date to ensure it is in the next edition of the ONN.

When submitting, please have your ad in a JPEG format to ensure it is entered exactly how you would like it.

Ads **must** be forwarded to:
onn@uppermiramichi.ca
or drop them off at the RCUM office.

Send Etransfers to: **transfers@uppermiramichi.ca**

We are now able to take e-transfer payments for services at the RCUM Office.



Over North News Ads, Dog Tags, Civic Numbers, Etc.
just send the payment to:
transfers@uppermiramichi.ca

An Early Reminder and Application Form



November 11, 2026 Service
To order:
a Wreath ($50), Cross ($45), make a Memorial donation, or a donation to the Building Fund, please include the following information so receipts can be generated.

NAME _____.

ADDRESS _____ **Postal Code** _____
E-mail address (to receive your receipt). _____

Phone #/Cell #. _____

Cross or Wreath _____
IMO (In Memory of) _____

Laid by _____.
Terms: Cash, Cheque (Made out to Normandy Branch #78 or e-transfer to ross.jmmg@gmail.com
Would appreciate information by November 9, 2026 so info can be typed/printed
Thanks
Judy Ross
Poppy Chair

Seeking Board Members

The Boiestown Seniors Complex is looking for interested persons to join our Board of Directors! The Boiestown Seniors Complex has served residents of Central Miramichi since 1989 and is an important part of our community, providing affordable, safe, clean and accessiable apartments right here in our community!

WHAT DOES BEING A BOARD MEMBER MEAN?

Commitment: Four meetings a year and occasional special meetings on an as needed basis Role: As a member of the Board of Directors you will assist with: Strategic Direction: Set the long-term vision, work with Housing NB and the NB Non-Profit Housing Association, support and coordinate upgrades and repairs to the complex. Financial Oversight: Review and approve annual budgets, monitor financial statements.

PLEASE SEND A BRIEF LETTER OF INTEREST TO:

MARY-ELLEN BLACK

BOIESTOWNSENIORS@GMAIL.COM

BOIESTOWN
SENIORS COMPLEX INC

Recycle your batteries at RCUM

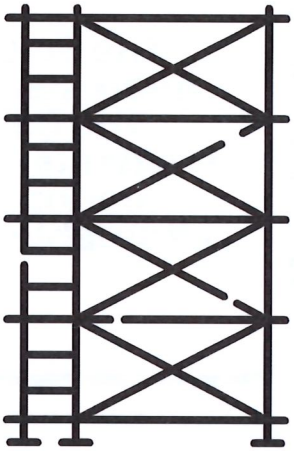


Did you know that there is recycle drop off for your household batteries at the RCUM Office during business hours
8:30 – 4:30
closed for lunch 12-1

Sealable bags are available for putting your batteries in – just ask us and we can show you how to prepare and deposit in the recycle box

Are you in need of Scaffolding/Staging to complete your project?

$5./day, per section
or
weekly/monthly options available
Call 506-292-1487





Anglican Parish of Ludlow & Blissfield
St Andrew's - Doaktown
St James the Greater - Ludlow

Sunday - November 1
All Saints'/All Souls' Sunday - PARISH SUNDAY
10:30 am - Ludlow

Sunday - November 8 & November 15
9:00 am - Ludlow
11:00 am - Doaktown

Sunday - November 22 & November 29
9:00 am - Doaktown
11:00 am - Ludlow



RCMP

Safer Communities and Neighbourhoods (SCAN)
Call 1-877-826-2122
or
SCAN@gnb.ca

Online Crime Reporting (OCR)

Type into search bar: RCMP OCR

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thelandman3@gmail.com

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9:00 – 5:00
also
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506-440-9500

andy@woodlegal.ca



Andy Wood
woodlegal.ca

UPPER MIRAMICHI COMMUNITY SCHOOL LIBRARY

Address: 7263 Route 8, New Bandon, N.B., E9C 2A7

Phone: (506) 365-2096

Email: BiblioUpperMiramichiLib@gnb.ca

NOVEMBER

HOURS OF OPERATION:

Monday, Wednesday, Thursday, Friday:
9:00am - 11:30am & 12:30pm - 4:30pm
Tuesday: 12:30pm - 4:30pm & 5:30pm - 8:00pm

CLOSED:

Wednesday, November 11th - Remembrance Day

HERE IS WHAT'S GOING ON IN THE LIBRARY

Knitting Club - Every Tuesday at 5:30pm

Everyone welcome! Join us for a fun evening of knitting/crocheting and conversation.

Woodgreen Book Club - Wednesday, Nov. 4th at 7pm

Meet at the Rural Community of Upper Miramichi municipal building

Rings a Bell - Wednesday, Nov. 4th at 9:30am

All are welcome! Keep your mind sharp and your tummy full with brain games and light snacks!

Morning Social - Wednesday, Nov. 25th at 9:30am

MUST REGISTER at the library to join us for a morning filled with laughter, games, and refreshments!

Chess Club - Every Thursday at 3pm

Everyone welcome! Strengthen your chess playing abilities for a fun afternoon.

Cards/Games in the Library - Every Friday at 2pm

Head to the library for an afternoon of games, cards and lots of fun! **Everyone is welcome.**

Remembrance Day Ceremony - Monday, Nov. 9th at 9:30am

Join us here at the library for a presentation on remembrance from Major Mather. Refreshments will be provided and **everyone is welcome!**

LEST WE FORGET

DON'T FORGET TO BRING YOUR LIBRARY CARD TO EVERY VISIT!



STEP INTO STORIES OF REMEMBRANCE HERE AT THE LIBRARY

Breakfast Fundraiser

November 14, 2026

8:00 am - 11:00am

Orange Hall, Carroll's Crossing
(Top of Stewart's Hill)

Pancakes, Scrambled Eggs, Bacon, Sausages, Baked Beans, Toast, Juice, Tea & Coffee

Cost: By Donation

All proceeds will go to the food programs at UMES, CNBA and DES

Hosted by

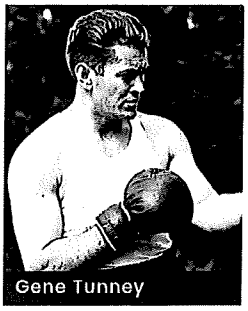
The Anglican Parish of Ludlow and Blissfield

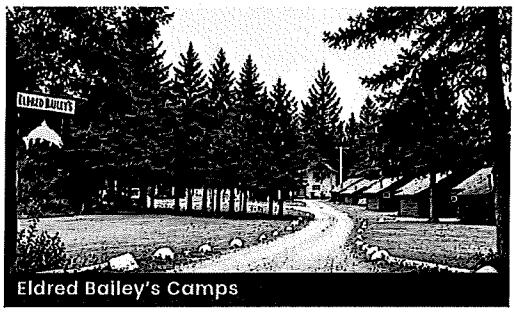
FROM THE PONDS HISTORY PROJECT · PORTER COVE

A World Champion Once Waited Tables Here

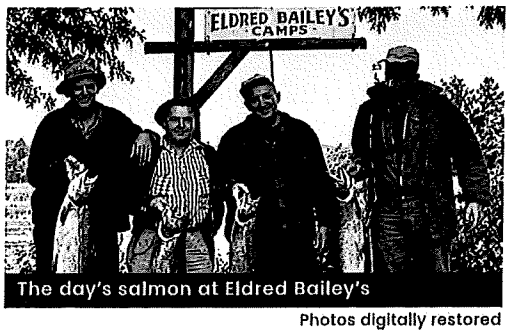
Gene Tunney and the old salmon camps of Porter Cove

PONDS RESTAURANT


Gene Tunney



Eldred Bailey's Camps

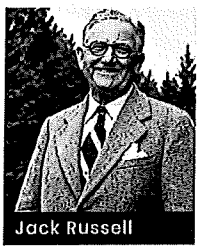


The day's salmon at Eldred Bailey's

Photos digitally restored

Gene Tunney was the heavyweight boxing champion of the world, the man who beat Jack Dempsey twice. In 1967, he was waiting tables at a party in Porter Cove, just across the road from Ponds. It was Eldred and Esther Bailey's 35th anniversary, held at the salmon camp Eldred still ran, and Eldred later recalled the champ serving the guests himself.

The camp began around 1930, when Jack Russell built Camp Russell on the river here and wrote about it in the Atlantic Monthly. His crew was local: Bert and Stella Pond, Boyd, Isabelle and Jack Hovey, Billy Price and Marshall Blackmore.


Jack Russell

In April 1945, the Baileys arrived to take over. Marshall Blackmore met them with a horse and sled, guests were already on the way, and within a week Russell left them in charge. Esther ran the kitchen with Isabelle and Alice Hovey and Hattie Palmer, and for nearly twenty years it was Eldred Bailey's Camps.

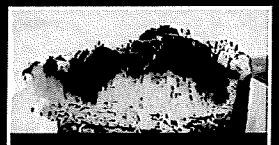
Across the road, the Pond family ran camps of their own, from Elmer Pond to Charlie Pond's Porter Kove Kamps to Keith and Marsha Pond's Pond's Chalets. The old Bailey cabins and the Jack Russell Lodge are still standing today.

Help us tell the rest of the story

We're putting together a history of Ponds and Porter Cove, and there are gaps only you can fill. Did someone in your family guide, cook or stay at the camps? Have old photos or guest books? Email booking@pondsresort.ca or come in and tell us.

Bring us a photo or a story, and dessert is on us.

When you order, hand us an old photo (or a copy we can keep) or a written or printed story about the Russell, Bailey or Pond camps. One per table, with a meal. Valid until Dec. 31, 2026.


FREE DESSERT

OPEN WED TO SUN Wed & Thu 4 to 8 pm · Fri 4 to 9 pm · Sat 9 am to 9 pm · Sun 9 am to 7 pm

506 369 2228 123 Porter Cove Rd, Porter Cove NB DINE IN · TAKE OUT

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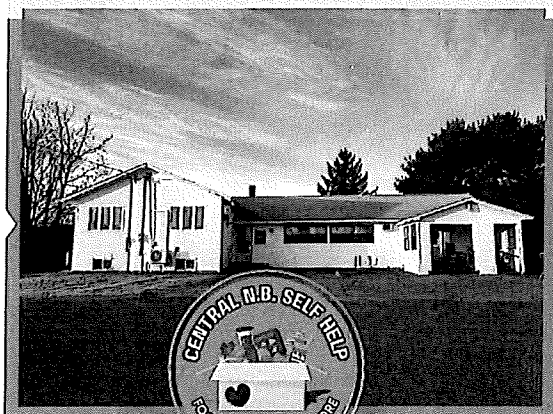
E9C 2P5

Tel: 506-455-0040
Email: joanie@maritimeenv.com



CENTRAL NB SELF HELP November Newsletter

CENTRALNBSELFHELP@YAHOO.CA

CHRISTMAS BINGO



We are having a Christmas Bingo Fundraiser

Date: Nov. 7th, 2026,

Time: 7pm.

Location: Our Lady of the Annunciation Church

BRING YOUR OWN DAUBERS

FOOD BANK NEWS

RCMP Food Drive



Dec 4th
4-6pm
Joey's Independent



Our Annual Christmas Sale will start on November 3rd and to until November 13th!

We served 81 families last month with monthly food boxes and emergency boxes!

OUR NEXT BOX DATES

November 19th
December 17th
Please call or facebook message our Central NB Self Help page.

Address: 7a Miramichi Street, Doaktown
Phone number: (506) 365 4374

WILSON
RIVER VALLEY
MECHANICAL LTD.

JOHN E. WILSON
OWNER
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BOIESTOWN, NB
E6A 2A2
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Phone 506-369-8816



Business hours:
Monday - Wednesday
11 am - 5 pm

Thursday & Friday
11 am to 7 pm

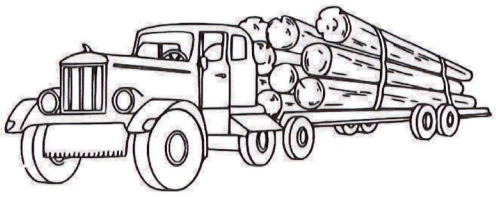
Please call for an appointment.
Prices:
Men's haircut: $15
Women's: $16
Children (under 12): $12

CLAY HILL EQUIPMENT

BUYING WOODS GROUND (PROPERTY) for STUMPAGE or PURCHASE

COMPETATIVE RATES with a FAIR ESTIMATE
Complete Job from Start to Finish

- **CRUISING**
- **ROAD BUILDING IF NEEDED FOR ACCESSIBILITY**
- **HARVESTING**
- **PORTERING**
- **TRUCKING**
- **CLEAN UP**



PLEASE CALL:
ANDREW BETTS - 506-262-1944
DOAKTOWN, NB
CLAYHILLEQUIPMENT@GMAIL.COM

MARK YOUR CALENDAR
DECEMBER EVENTS AT
NORMANDY BRANCH # 78
BOIESTOWN LEGION

DEC. 5th. PRIZE CHRISTMAS THEMED BINGO.
PRIZES VALUED AT $20 AND UP.
DOORS OPEN AT 12pm. GAMES START AT 1 pm.

DEC. 19th. CHRISTMAS OPEN MIC, JAMBOREE.
POT LUCK AT 5:30PM. MUSIC TO FOLLOW. SO, BRING A DISH AND ENJOY THE CHRISTMAS MUSIC.

DEC 31st. NEW YEAR'S EVE DAY BINGO.
CASH PAID OUT.
DOORS OPEN AT 12pm. BINGO STARTS AT 1pm.

JAN. 1st, 2027. NEW YEAR'S LEVEE.
LIVE MUSIC AND LIGHT LUNCH. 1pm - 4pm.

START 2027 OFF RIGHT.

Robert Black
June 18, 1962 - November 14, 2020

Gone but never forgotten.
A huge piece of our hearts went along with you when God took you home.
We think of you every day!
We miss you more than words can say.
If we could've changed things to keep you here, we would have in a heartbeat!
We will love and miss you always!

Carla, Tyler, Holly
Allie, Easton, Wren and Sophie

SINCE I LOST YOU

The day I lost you, a part of me changed forever.

I still smile.

I still laugh.

I still live my life.

But I'm not the same person I was before you passed away.

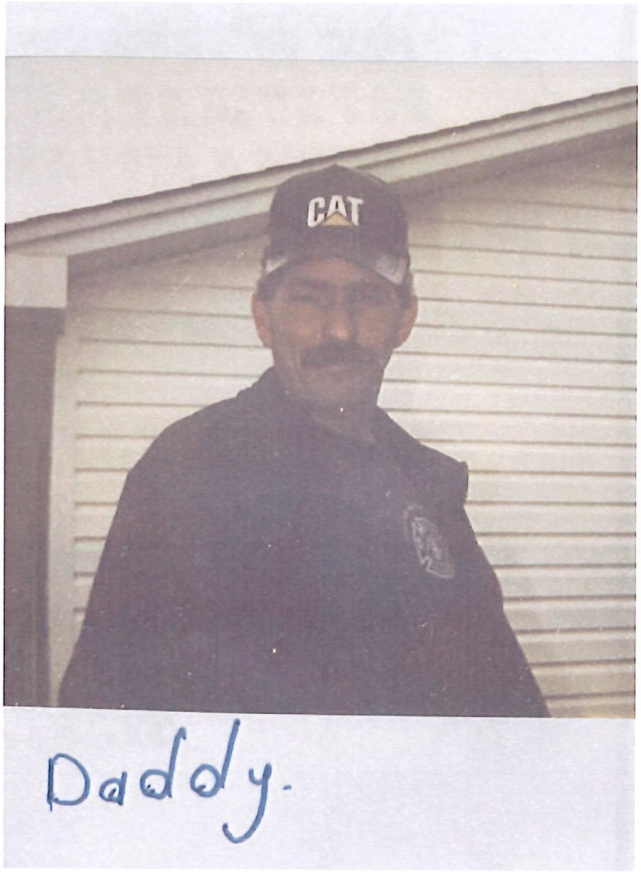
Time hasn't made me miss you any less.

It has only taught me how to carry the pain quietly.

Years may pass, but I'll always wish for one more conversation, one more hug, one more moment with you.

I miss you.

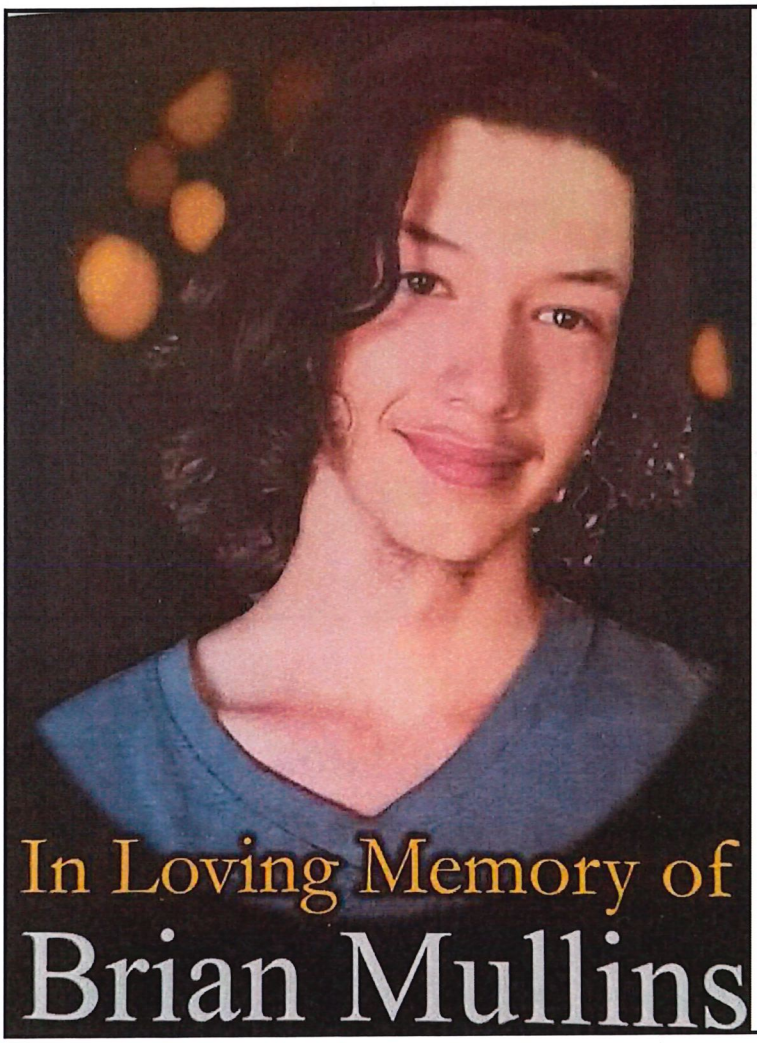
I always will. ❤️💙





In loving memory of
Ruth Price - August 14, 2024
from son Chris
&
Jean O'Donnell - November 18, 2025
From Grandchildren
Chris, Jody, Jason, Tammy & Holly

Those special memories of you
will always bring a smile
If only I could have you back
for just a little while
Then we could sit and talk again
just like we used to do
You always meant so very much
and always will too



In Loving Memory of our Grandson
Brian Mullins

You were very special
And that's why I mourn
A wonderful grandson
Who from the day you were born
Were such a shining light
A gift, so precius too
Amazing in many ways
You brightened our life, it's true
And it seems it is unfair
You had so much to give
You would have grown
become a man
You had your life to live
And we were blessed to know you
And now that you have gone
We'll hold on to your Memory
And our love for you goes on

Forever in our hearts
Nan and Gramp Mullins

In Loving Memory of Our Parents



Edna M Price

February 22, 1921 - December 6, 2003

Joseph L Price (Joe)

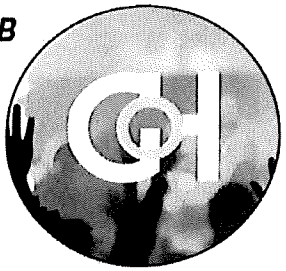
October 23, 1915 - April 24, 1979

Always remembered and forever missed by your family

PS: Mother, your "Parlour Maple" is always in bloom.

GATEWAY OF HOPE ASSEMBLY

35 Company Road, Boiestown, NB



Come worship with us

Sunday Morning Worship @ 10:30 am
(Sunday School for Children downstairs)
GOHA Youth Sundays @ 6:00 pm
BYB (Bring Your Bible) Mondays @ 7:00 pm
Wellness Wednesday @ 7:00 pm

GATEWAY OF HOPE

35 Company Road, Boiestown NB

Fundraiser Luncheon





Soup or corn chowder, roll, dessert, tea and coffee

$15

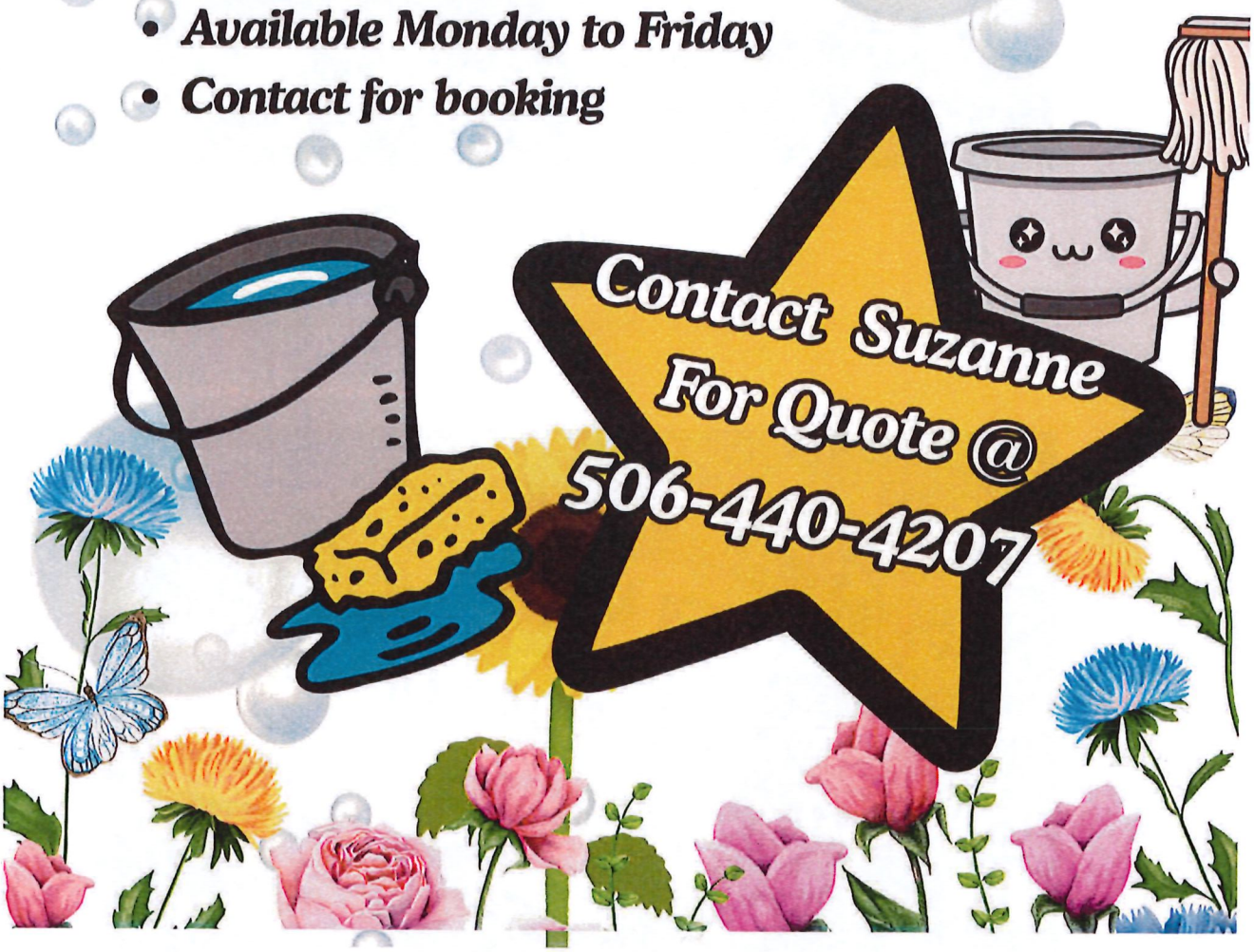
Fri, Nov 6 and Sat, Nov 7
11 AM to 2 PM



Suzanne's

Cleaning Service

- *22 Years of professional cleaning experience.*
- *Home, Office, Medical and all Other interior cleaning services.*
- *Available Monday to Friday*
- *Contact for booking*



Garbage Schedule for 2026

January 6th - Garbage
January 13th - Garbage & Recycle
January 20th - Garbage
January 27th - Garbage & Recycle

July 7th - Garbage
July 14th - Garbage & Recycle
July 21st - Garbage
July 28th - Garbage & Recycle

February 3rd - Garbage
February 10th - Garbage & Recycle
February 17th - Garbage
February 24th - Garbage & Recycle

August 4th - Garbage
August 11th - Garbage & Recycle
August 18th - Garbage
August 25th - Garbage & Recycle

March 3rd - Garbage
March 10th - Garbage & Recycle
March 17th - Garbage
March 24th - Garbage & Recycle
March 31st - Garbage

September 1st - Garbage
September 8th - Garbage & Recycle
September 15th - Garbage
September 22nd - Garbage & Recycle
September 29th - Garbage

April 7th - Garbage & Recycle
April 14th - Garbage
April 21st - Garbage & Recycle
April 28th - Garbage

October 6th - Garbage & Recycle
October 13th - Garbage
October 20th - Garbage & Recycle
October 27th - Garbage

May 5th - Garbage & Recycle
May 12th - Garbage
May 19th - Garbage & Recycle
May 26th - Garbage

November 3rd - Garbage & Recycle
November 10th - Garbage
November 17th - Garbage & Recycle
November 24th - Garbage

June 2nd - Garbage & Recycle
June 9th - Garbage
June 16th - Garbage & Recycle
June 23rd - Garbage
June 30rd - Garbage & Recycle

December 1st - Garbage & Recycle
December 8th - Garbage
December 15th - Garbage & Recycle
December 22nd - Garbage
December 29th - Garbage & Recycle

New Nouveau Brunswick

Virtual Care NB

Virtual Care NB can provide virtual consultations for common illnesses, injuries, infections or general health concerns.

How can I access Virtual Care NB?

Call Tele-Care 811 and speak to a registered nurse. They can:

- assess your symptoms
- determine the best care option
- connect you to the appropriate services, including booking a Virtual Care NB appointment, if recommended

Scheduled appointments with Virtual Care NB can be booked on the same day or the next day. **You can participate in the appointment using a telephone, cell phone, computer or tablet. Video, telephone and chat consultation options are available.**

No account or specific mobile app is required to access Virtual Care NB.

Before your Virtual Care NB appointment, you must have:

- have been assessed by a Tele-Care nurse
- have valid New Brunswick Medicare card
- be physically located in New Brunswick at the time of the appointment
- be 16 years of age or older (if you are less than 16 years of age, an adult must book your appointment and be present during the virtual consultation with the practitioner)

If a nurse practitioner reviews your appointment details and determines your health concern would be better addressed through another type of care, you will be notified and provided with information on the appropriate next steps.

Appointments for children and dependents (i.e. a guardian)

You can complete a Tele-Care 811 assessment and book a Virtual Care NB appointment on behalf of a child or dependent. However, during the

appointment, you and the individual for whom the consult is intended will both need to be present.

When booking an appointment for someone else, you will give the patient's information (name, DOB, Medicare number)

Services

Virtual Care NB is a bilingual service for anyone with **a valid New Brunswick Medicare card**. **We are unable to accommodate consultations without a valid Government of New Brunswick Medicare card.**

Other virtual care services and providers do exist but are not covered by Medicare and are at the expense of the patient.

Virtual Care NB can assess and treat many common illnesses, injuries, infections or general health concerns, including:

- flu-like symptoms such as fever, chills, body ache and fatigue
- sore throat
- eye infection
- bladder infection
- testing for sexually transmitted infections
- lower back pain from lifting or twisting
- other non-emergency health concerns

The Virtual Care NB provider may request tests to ensure your treatment is appropriate. They may order tests such as:

- blood work
- urine and stool tests
- **New prescriptions**
- The Virtual Care NB service can prescribe medications based on the diagnosis during your consultation or lab results.
- During your consultation, if a prescription is required, the provider will send your prescription to the pharmacy of your choice. You will need to contact the pharmacy to ensure the prescription has been received and is ready for pick up.
- **Prescription renewals**
- Virtual Care NB providers are able to provide prescription renewals for New Brunswickers without a primary care provider, or those who have a primary care provider but are unable to access them in a timely

manner. To book an appointment for a prescription renewal call Tele-Care 811.

- Pharmacists are also able to renew many prescriptions and can help New Brunswickers with this need.
- **Laboratory testing**
- Virtual Care NB providers can order routine laboratory work for New Brunswickers without a primary care provider.

Follow ups for laboratory testing ordered by Virtual Care NB

Individuals who require a follow-up from a previous Virtual Care NB appointment can call Tele-Care 811.

When in-person care or care by another provider may be needed

The Virtual Care NB service cannot address:

- chest pain
- abdominal pain
- sick notes after an illness or without treatment
- medical or insurance forms
- counselling for mental health and addictions
- health concerns that require an in-person physical assessment, including possible fractures

If the Virtual Care NB provider determines that you would be best supported through an in-person assessment, or that they cannot help you with your request, they will direct you to the appropriate health-care service.

RÉSEAU DE SANTÉ Horizon HEALTH NETWORK

Are you without a family provider and need access to care?

Access Clinics will be held for Rural Community of Upper Miramichi/Doaktown area residents who do not have a family doctor/NP and are needing a provider appointment.

When: Every Monday, starting September 14th, 2026, through to May 31st, 2027 (excludes holidays)

Where: Boiestown Health Centre

How to get appointment: Call 506-369-2728 on day of access clinic to try for an appointment that day. Phone will turn on at 8:15am.

Please limit your issue to one per visit.

These appointments are not for emergencies (call 9-1-1 or go to ER for those).

Please note these are same day appointments. This phone will only be answered on days of Access Clinics (Mondays) and will be shut off once appointments are full for the day.

Greater Miramichi Service Commission | Commission de services du Grand Miramichi

The Greater Miramichi Calendar

Your community. All in one place.

Big events, small gatherings, **it's all here.** Share what you're planning, and reach **every corner** of the Greater Miramichi region.

Scan the QR code to access the calendar.
Browse events or add your own!

https://greatermiramichisc.ca/events/calendar/

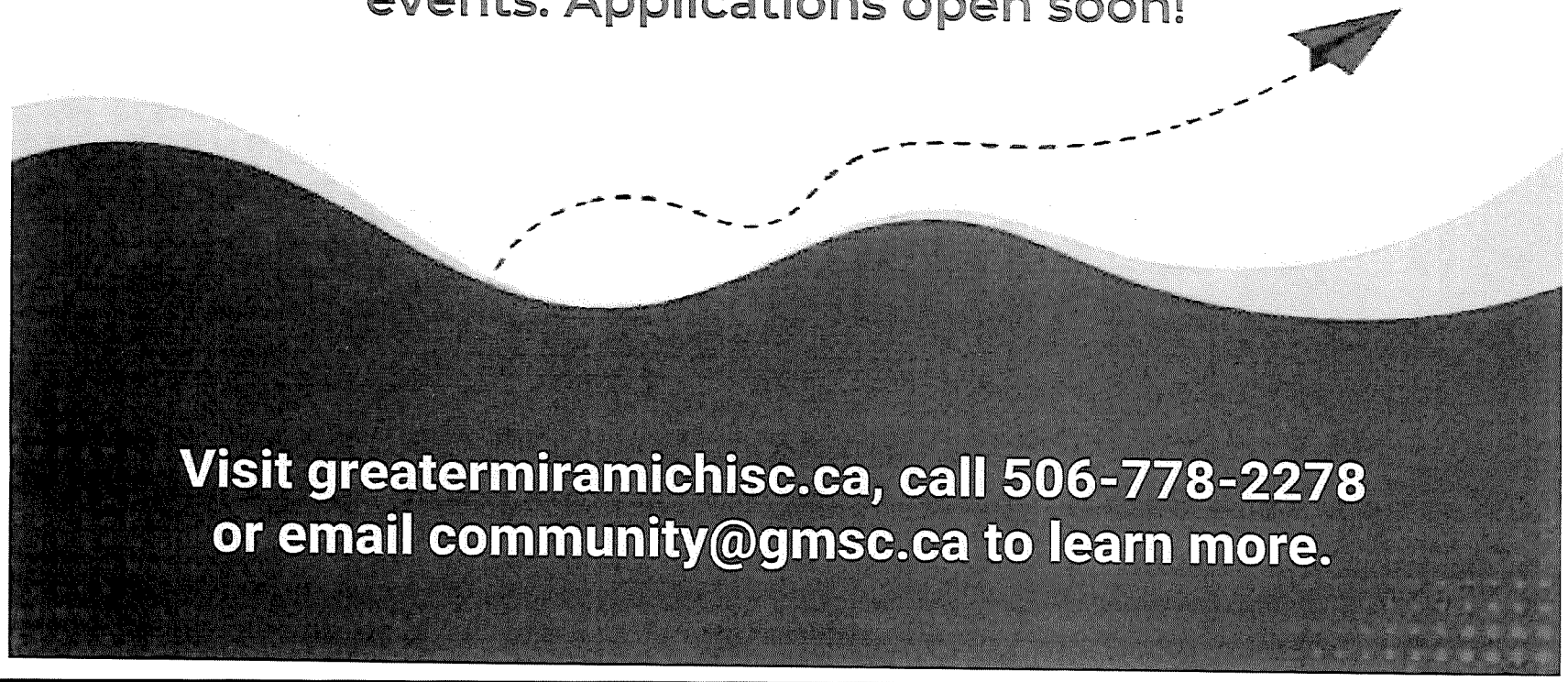
One calendar. *Every community.*

Community Development Small Grant Program

Greater Miramichi Service Commission

Commission de services du Grand Miramichi

Have an idea to make your community within the Greater Miramichi Region better in 2027? Our small grants can help nonprofits, community programs and local events. Applications open soon!



Visit greatermiramichisc.ca, call 506-778-2278 or email community@gmsc.ca to learn more.



SOCIAL WORK SERVICES



We are happy to announce that Social Work services are available in the Boiestown & Doaktown area!

Social work services are by self-refferal and no formal intake process is required. To book an appointment please call the following numbers:

- BOIESTOWN HEALTH CENTRE (506) 369-2700
- CENTRAL MIRAMICHI COMMUNITY HEALTH CENTRE (506) 365-6100

Available supports include:

- Short-term counselling
- Cancer Support & Caregiver burnout groups (currently offered in Doaktown)
- Advocacy and support
- Information about community resources
- Help navigating services and systems

Social Worker's can help support you with:

- Income and financial concerns
- Education
- Family and social relationships
- Employment
- Community involvement and support
- Home support services
- Health habits, lifestyle choices & mental health
- Food insecurity
- Transportation needs

RÉSEAU DE SANTÉ Horizon HEALTH NETWORK

UPPER MIRAMICHI LIONS CLUB

ANNUAL SENIORS SUPPER!

TURKEY DINNER WITH ALL THE FIXINGS AND DESSERT!

SATURDAY
DECEMBER 5TH
2026
EAT IN OR
TAKE OUT
4PM- 6PM

UPPER MIRAMICHI LIONS CLUB
BOIESTOWN
NB

BY DONATION

- TO RESERVE YOUR SPOT CALL:
MARILYN MUNN 369-9119
OR
UPPER MIRAMICHI LIONS CLUB
369-7435
DEADLINE: NOVEMBER 25TH



