



IMPORTANT COVID 19 MESSAGE

FROM

MAYOR, COUNCIL AND STAFF OF THE RURAL COMMUNITY OF UPPER MIRAMICHI

After watching events unfold over the last month and the unseen circumstances evolve, we ask people to be: informed, patient, calm and respectful. As all residents are aware our Rural Community, Province, Country and our World has been drastically altered. Not since the Spanish Flu of 1918 have peoples lives been this affected. We are in uncharted territory, but we can all play a major part in our Rural Community by adhering to the Provincial State of Emergency declared last week. Our main priorities are:

- The health, safety and well being of residents
- Maintaining the Rural Community's essential services

Although our Community has yet to declare a state of emergency, our EMO committee has been operating at Level one of active monitoring while working closely with the Chief Medical Officer of New Brunswick, the Emergency Measures Organization, and our Regional Medical Officer through daily emails and weekly conference calls.

STAY INFORMED

- If you are showing symptoms such as fever, coughing and difficulty breathing, complete the COVID 19 Self-Assessment on line at [GNB.ca/coronavirus](https://gnb.ca/coronavirus) website, and or contact Tele Care by dialing 811.
- Access reliable COVID 19(coronavirus) information on [GNB.ca/coronavirus](https://gnb.ca/coronavirus) website.
- CBC News provides live updates. The live update for New Brunswick takes place daily around 2:30 pm.
- We understand the economic strain which may be placed upon families and businesses. Please make use of economic measures which have been introduced by the Provincial and Federal Government
- If you test positive for COVID 19, you must self isolate for 14 days. People in contact with you must self isolate. Failure to do so can result in fines and jailtime. If you know someone who has COVID 19 and isn't following protocols the number to report them is 1-844-462-8387 or email helpaide@gnb.ca
- If you have any inquires call the RCUM office at 506-369-9810 and / or email uppermiramichi1@nb.aibn.com. Contact us on facebook or contact Council.

FOLLOW TRAVEL PROTOCOLS

- All residents returning home from outside of Canada **MUST SELF-ISOLATE FOR 14 DAYS** in an effort to slow down the spread of the virus.
- All residents who have come in contact with a traveller from outside Canada must isolate themselves.
- All interprovincial, territorial and international travellers **MUST SELF-ISOLATE FOR 14 DAYS**.
- If there are people not following these protocols it can also result in fines and jailtime. If you know someone not following protocols the number to report them is 1-844-462-8387 or email helpaide@gnb.ca

FOLLOW HYGIENE AND SOCIAL DISTANCING PROTOCOLS

- Stay home when possible **PLEASE!**
- Maintain at least 2 meters distance between you and others.
- The province has restricted gatherings to 10 or less in an area at one time. This includes businesses, retailers and residences.
- If you feel ill in any way, **STAY HOME!** And self isolate.
- Hand sanitize regularly! Hand wash using the 6-step approach for a minimum of 20 seconds.
- Practice safe etiquette when you cough or sneeze by covering your nose and mouth with your elbow.
- Wipe down and disinfect common surfaces in your home, business and vehicle on a regular basis.
- Avoid touching your eyes, nose, and mouth while out or with unwashed hands.
- Do not share consumable items with others.

LOOK AFTER YOURSELF AND BE AWARE OF OTHERS

- Rest often and eat well. Get as much physical activity as possible
- Watch for health problems and signs of stress. Get Help or give help if asked or if needed.
- Don't binge buy items leaving others without.
- Call and check in with vulnerable family, friends and neighbors.
- If any senior citizen or those with disabilities are having difficulty acquiring certain necessities and need help during these times, please contact our RCUM office at 369-9810 or any council member.

ESSENTIAL SERVICES STILL PROVIDED IN OUR COMMUNITY/DOAKTOWN

- CANADA POST- post offices are operating but under revised hours.
- SOLID WASTE- **Recyclables will no longer be picked up till further notice!!!!**. It will be a weekly garbage pickup till further notice as of now!
- RURAL COMMUNITY OFFICE- operating as always but closed to public traffic.
- GREATER MIRAMICHI REGIONAL SERVICES PLANNING – Permits, etc. done by phone, email and faxes.
- IRVING/CIRCLE K-operating at normal hours but prefer people to use debit/credit

- CAMERONS AUTOMOTIVE/GARAGE- still operating as regular but prefer people to call ahead to arrange vehicle drop off.
- TIPSY CANOE- still open but at reduced days of Friday, Saturday, Sunday with take out only.
- BREWERS/TAXIS RIVER CONVIENCE-operating at normal hours. Pick-up available. Call 369-7413 for more information.
- McCLOSKEYS- Still operating at normal hours but prefer people to also use Debit/Credit. Pick-up and deliveries are available. Call 369-2282 for more information.
- POLICING- Operating the same as always but people are unable to get background checks etc..
- FIRE DEPARTMENT- operating same as always.
- SCOTIA BANK- operating same as always
- DOAKTOWN PHARMASAVE-operating same as always
- HOME HARDWARE-operating same as always
- TREVORS INDEPENDENT GROCERY-operating same as always. Delivery available. Call 365-7852 for more information.

Please be vigilant in our efforts to ensure the safety of all our residents. We can help each other through this difficult time in our lives. There is no timeline on this virus.

Please take care of your wellness, exercise, eat healthy, get enough sleep and some fresh air. Always be kind and understanding of other people's situation. Call, text, facetime, etc.. and keep in touch with family, neighbors and friends.

On a positive note, Council feels we will all get through this with everyone's help. It will take time to adjust to the new rules and way of life for the next couple foreseeable months.

Being the Rural people we are, we learn to adapt, survive and live on as we always have. Social distancing doesn't mean locking yourself inside from the world.

Council can't say enough or **THANK** those enough who are working the front lines of Health Care, First Responders, Retail workers, Truckers, Essential Service workers and others who are getting us through this time of crisis unselfishly while being more exposed to risk.

THANK YOU ALL from the bottom of our hearts! STAY SAFE!!!

Contact information for Council members are as follows:

Doug Munn - 478-1002

Grant Ross - 260-4822

Keith Clowater - 471-9399

Dustin Munn - 461-2824

Ronald Fowler - 447-7325

GREATER MIRAMICHI REGIONAL SERVICE COMMISSION



COMMISSION DE SERVICES RÉGIONAUX DU GRAND MIRAMICHI

1773, rue Water Street, 2nd fl

Miramichi NB E1N 1B2

Office: (506) 778-5359

Fax: (506) 778-5360

PUBLIC NOTICE

TO: Residents Served by the Greater Miramichi Regional Service Commission
FROM: Wilson Bell, MCIP, RPP, Executive Director
SUBJECT: Residential Curbside Recycling Program and Provision of Services
DATE: March 25, 2020

Recycling Program Temporarily Suspended:

In order to reduce the risk of spreading the Covid-19 to sorting facility staff, the processing facility that the Greater Miramichi recyclables are sent to has temporarily closed.

Effective March 30th, 2020 the Residential Curbside Recycling program will be temporarily suspended until further notice. Garbage will be collected on a weekly basis during this time. Residents are encouraged to stockpile their recyclables as long as possible to be recycled at a later date.

Office Closure:

The offices of the GMRSC are closed to the public as we do our part to help limit the spread of the Covid - 19 virus. However, services are continuing to be provided. The GMRSC has the ability to provide services to the public by using remote computer server technology. All Commission staff are able to work remotely from home. Staff will be able to talk to clients via cell phones, via email and text. Additionally, staff will have ability to access files, process applications such as building permits, subdivision plans, variances and document approvals. As well, staff are available to provide direction and advice to clients relating to a variety of construction and development projects. Arrangements can be made to submit building or subdivision plans for review (either digitally or dropped off at the office at 1773 Water Street).

How to Contact Us:

The office voicemails and info@rsc5.ca email are checked daily at 10 AM and 2 PM and messages are forwarded to the appropriate staff member to respond. For Planning and Building Inspection Services, call (506)-778-5359 and for Solid Waste Services call (506) 778-6646. The toll-free number is 1-855-647-5359.

Over North News

April 2020



AD PRICES:

1/4 Page: \$15.00

1/3 Page: \$20.00

1/2 Page: \$25.00

FULL Page: \$30.00



Please note:

Entries for the *Over North News* Ads are **due** no later than the **15th of each month.**

Please submit your ad **by this date** to ensure it is in the next edition of the *Over North News*.

To submit an ad for the Over North News you can email:

uppermiramichi@gmail.com or drop them off at the Rural Community Office

APRIL 2020

Notice to Residents

Please be advised that due to the Covid19 Pandemic there will

Not

be any recycle pickup until further notice

There will be weekly garbage pickup!



Monthly Meetings

The next regular monthly meeting of the Rural Community of Upper Miramichi will be held on April 27 @ 7 pm in the Community Room of the Upper Miramichi Community Centre. Deadline for receipt of agenda items and materials by the Clerk for this meeting is April 23rd @ 3pm.

Landmark Lodge #51 F & AMThird Tuesday of the Month @ 7:30pm

Normandy Branch #78 Legion.....Ladies Auxiliary - 3rd Tuesday of the month
Regular Meeting - 2nd Wednesday of the month
Legion Executive - 2nd Wednesday of the month



To all who came to my 90th Birthday Party.

Thanks for all the cards and gifts.

Thanks to the musicians Erdie and Julie Price and
all those who sang.

Thank you to those who brought food and helped
in any way.

Thanks to my family and especially Lonnie and
Stacey.

It was a very special day for me.

May God Bless You All

Murdick Munn



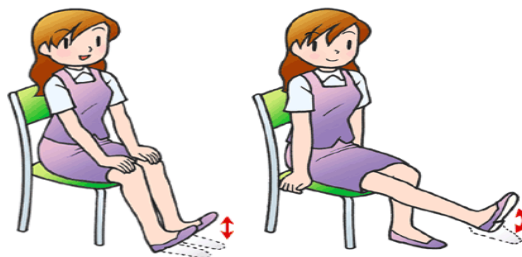
We would like to thank everyone for the cards,
phone calls, gifts of money, food and especially for
the prayers that were said on our behalf before and
after the passing of our eldest son Lane.

Thank you everyone for your love and support.

God Bless

Clifton & Betty Lou Pond.

ZOOMERS ON THE GO SPRING CLASSES



HAVE BEEN POSTPONED UNTIL FURTHER NOTICE

THIS & THAT TAXES

Due to Covid-19 the deadline for filing your 2019 Income Tax has been extended until June 1, 2020. Please take note that filing after April 30, 2020 may cause your GST and Canada Child Benefit to be late.

Tax Pros/This N That Taxes continues to offer services to our clients and potential clients. We can receive your tax details online, through email or by fax. Your Income Tax will be prepared, reviewed with you over the phone and then submitted to Revenue Canada on your behalf. Payment to our Office can be received by e-transfer. Please let us know if you need any assistance with Income Tax or Bookkeeping.

Rick Bruce
365-0588
rickbruce@xplornet.com

Ridgeway Baptist Church

Due to the current situation with Covid-19 we will not be conducting Services at Ridgeway Baptist Church for a while. How long? We do not know.

Here is our Action Plan for the next while:

You will receive an invitation to participate in a "Zoom" Worship Service for Sunday morning during our regular worship time at 10:30 am. There will also be an invitation for Bible Study on Wednesday evenings at 7:00 pm. You can connect by internet on your laptop, desktop and iPad.

If you do not have these you can also connect by phone. The details can be provided for those connecting by phone.

There are limited spaces and we are seeking to accommodate each of you as you reach out to join us. Please let me know if you would like to join us for a Service.

We will have an informal time together. It will be new for many but it will grow as we move forward. Sit back, relax, enjoy your coffee/tea and worship with us.

Thank you for your patience as we work through these times. God is good. Let us be faithful in "holding forth the Word of Life".

Pastor Rick Bruce
rickbruce@xplornet.com

365-0588



In Loving Memory of Robert A Stewart
who passed away on April 1st, 2014.



You had a smile for everyone
You had a heart of gold
You left the sweetest memory
The world could ever hold
Sweetest memories always linger
In a heart that's strong and true
There's not a day goes by
That we do not think of you.

Loved and always remembered by Mom, Dad
(Donna & Henry) and Family.



Central NB Nursing Home is
looking for casual LPN's.

Please drop off resumes or
email

stacey.astle-munn@cnbnh.ca



the TAX PLACE

Peggy Price

369-2301

pprice@nb.sympatico.ca

6822 Route 8 Ludlow

Income Tax Preparation

Tax Season Hours

Monday-Friday: 9am-8pm

Saturday: 9am-12 noon

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Payroll & HST Returns

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TO BOOK AN APPOINTMENT!**

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Andy Wood

TRACEY'S BARBER SHOP



4 MILL STREET

BOIESTOWN NB

(506)369-8816



THURSDAY: NOON TO 8 PM

FRIDAY: NOON TO 8 PM

SATURDAY: 9 AM TO 1 PM

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NO APPOINTMENTS NECESSARY



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506-365-8952

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Email: kenny-robinson@hotmail.com

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Tuesday	9 a.m. – 5 p.m.	—> Drop-in 7:00 p.m. – 8:30 p.m.
Wednesday	9 a.m. – 5 p.m.	—> Evening by appointment
Thursday	9 a.m. – 5 p.m.	—> Evening by appointment
Friday	9 a.m. – 5 p.m.	

Appointments always recommended

Please call 369-8849

