


Over North News

 September 

AD PRICES:

1/4 Page: \$10.00

1/3 Page: \$15.00

1/2 Page: \$20.00

FULL Page: \$25.00



Please note:

Entries for the *Over North News* Ads are due no later than the 15th of each month.

Please submit your ad by this date to ensure it is in the next edition of the *Over North News*.

To submit an ad for the Over North News you can email:

uppermiramichi@gmail.com

or drop them off at the Rural Community Office.

GARBAGE PICK - UP

SEPTEMBER 2019

Garbage Pickup

Sept 4 & 5

Sept 11 & 12

Sept 18 & 19

Garbage & Recycle

Sept 25 & 26

If you have a blue bin you are not using please call office to have it picked up as there are people waiting for one.

369-9810

Monthly Meetings

Rural Community Monthly Public Council Meeting.....September 23 @ 7:00 pm

Landmark Lodge #51 F & AMThird Tuesday of the Month @ 7:30pm

Normandy Branch #78 Legion.....Ladies Auxiliary - 3rd Tuesday of the month

Regular Meeting - 2nd Wednesday of the month

Legion Executive - 2nd Wednesday of the month

Upper Miramichi Lions Club.....1st and 3rd Sunday of the month

Over North News September 2019 Edition

**RURAL COMMUNITY OF UPPER MIRAMICHI
6094 ROUTE 8**

BOIESTOWN, NB E6A 1M7

uppermiramichi1@nb.aibn.com

Phone: 506-369-9810; Fax: 506-369-8180

The next regular monthly meeting of the Rural Community of Upper Miramichi will be held on September 23 @ 7 pm in the Community Room of the Upper Miramichi Community Centre. Deadline for receipt of agenda items and materials by the Clerk for this meeting is September 19 @ 3pm.

**All dogs big or small
Don't forget to tag them all!**



You can purchase the tags at the
Rural Community Office.

\$10.00 (males & spayed females)

\$20.00 unsplayed females.

In order to tag your dog, you must
now show proof of rabies vaccination.

Keep Your dog safe!



Fall Frolic 2019

September 14th

The Rural Community Park

12pm—4pm: Activities for Children

8pm—11pm: Dance for all ages

Full Details—See Flyer in this Newsletter!



October will be bringing us Halloween in the park!

Watch for posters & on our

Facebook page!



BUILDING OR RENOVATING?

The Greater Miramichi Regional Service Commission (Planning Services) would like to advise residents of the area that beginning on Tuesday, June 4 and continuing every Tuesday up to and including Tuesday, October 1, a Building Inspector will be available at the Doaktown Village Office, 8 Miramichi Street. Citizens requiring a building permit or who have questions regarding building or renovating can access this service from 9 am – 3 pm every Tuesday.

To make an appointment, please call (toll free) 1-855-647-5359 or call the Building Inspector's Office directly at 506-365-7331.

For additional information, visit our website www.gretermiramichirsc.ca or email info@rsc5.ca

Lovingly remembered,
Sterling Lyons—September 20, 2018

You are quietly remembered every day,
And sadly missed along life's way,
Although not in our lives to share,
In our hearts you are always there.

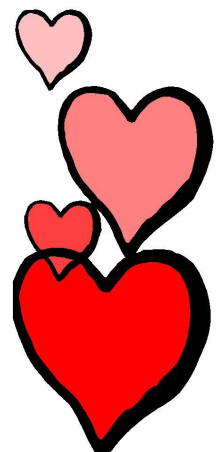
Loved and missed
Sister, Elizabeth & Allen



In memory of my husband, Sterling,
who passed away on
September 20, 2018

Life goes on they say,
This may be true,
But not a day goes by,
That I don't think of you

Always Loved and
Remembered by Wife
Leona



The family of the late Jerry A. Munn would like to extend our sincere appreciation for the overwhelming support received since his passing. To those who have reached out through visits, messages, phone calls and donations of food, flowers, as well as funds for the nursing home van, is very much appreciated.

In particular, we would like to acknowledge the care and understanding provided by Dr. Tanya Wood who was always there to help. To the staff and residents of the Central New Brunswick Nursing Home, words cannot express what you meant to Jerry but to the family also. Your thoughtful care, compassion and company made the last few years of his life the best it could be.

God bless you all,

Mavis, Juddy, Jeff, Greg and families

Thank You



for your Kindness



In loving memory of
Tanya Lynn Mackay

September 28, 1975-September 9, 2017

Precious Wife and Mother

Always and forever in our hearts.

Love your "MacKay boys",

Bobby and Jacob

McKeil



Doris, I am thinking of you

It's a year already,

But it seems like two

I miss you badly,

I surely do

Some day we might meet

In heaven above

But for now,

I'll just send you all of my love.

Clayton



This little cutie is adding 49 extra candles to her cake on August 29th!

Happy 50th Birthday Vickey!

Love, Mom & Dad and all your family. XO

***Everyone is invited to help Vickey Munn Celebrate her 50th Birthday on
Saturday, September 7, 2019
at the Boiestown Lions Club
from 1:00pm—3:00pm.***



Ridgeway Baptist Church

3133 Rte 625

Parker Ridge NB

Family Worship/Sunday School—Sundays 10:30

Bible Fellowship Time—Tuesday 7:00 PM

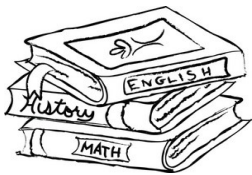
Kids Klub—Wednesday 6:30 PM

Youth—Wednesday 6:30 PM

Radical Friday—Friday 7:00 PM

We also have monthly Ladies Meetings, Men's Meetings, and Nursing Home Services

For more details contact Pastor Rick 365-0588



Nova Learning Centre is offering

GED Online Courses right through the Summer.

Work at your own pace and on your own time.

Please let Rick know if you would like to sign up.

Call 365-0588

Seniors Sip N Sup

Ridgeway Baptist Church

3133 Route 625

Parker Ridge

Sunday— September 29

at 3:00pm

Menu:

**Shepherds Pie, Rolls/
Biscuits and Dessert**

**Please RSVP by
September 22nd
to 365-0588**



4th Annual Women's Cancer Survivor Wellness Day



SAVE THE DATE:

October 18, 2019

9:00am—3:00pm

Our event is open to all Women Cancer Survivors.

This year, the Central NB Woodmen's Museum will be hosting our ladies and lunch will again be provided. It promises to be a day of activity, education, and great company.

Please pre-register for this event as seats are limited.

For more information or to register contact Lisa Lovelace at 365-6100.

Remembrance Day 2019

Normandy Branch #78 will host their Annual Remembrance ceremony on Monday, November 11 beginning at 11AM.

Persons wishing to lay wreaths or crosses in memory of fallen comrade, are requested to have their donation(s) to:

Wilma Spencer
159 Taxis River Rd
Taxis River, NB
E6A 1A3

Or call 369-8808 no later than November 9, 2019 so lists can be compiled for November 11.

Donations should include the following information, so proper receipts can be issued and accurate records are made.

Please include the following your:

Name _____

Phone _____

Whether you want: a Cross, a Wreath, or a donation.

In memory of _____

From whom _____

Laid by (if applicable) _____

Thanks

Wilma Spencer



Time: 10am–11:30am

Location: Doaktown Community Library

Contact: Lynsey.wilson@horizonNB.ca

365-6100

Registration NOT required

Wisdom of the Ages

Educational Group for Older Adults and Caregivers

October 2: Healthy Aging & exercise—Sarah Carson-Pond RN and Lynsey Wilson Norrad RSW will share information about the “Community Aging Clinic” and offer MMSE (Memory) tests. Zoomers Exercise program for adults 50+ will be here to get us moving!

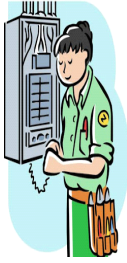
October 9: Nutrition—Whitney Allison RD will present information on healthy eating on a budget and tips for cooking for 1 or 2 people and enjoy tasty samples.

October 16: Mental Wellness & Self-Care—Tina Morneault RSW will present information on adjusting to life changes and staying mentally well. Lynsey Wilson Norrad RSW will talk about local resources and self-care.

October 23: Living Well with Arthritis—Betty McNamara will present practical information about how to cope with Arthritis.

October 30: Safety & Elder Abuse/Neglect—RCMP CPO Shelley Donahue will present information on internet and telephone safety. Lynsey Wilson Norrad RSW will present on Elder Abuse, how to spot it and what to do if someone you care about is being abused.

November 6: Advanced Care Planning and Services—Shannon Good RSW will present on Power of Attorney and Wills. A Social Development representative will present information about nursing homes, in-home care, long-term care, and financial subsidies.



E.R. Long Electric Electrical Contractor

Available Monday - Saturday

*Renovations, New Construction, Panel Upgrades,
Generator Panels*

Call 369-2414

Do you need your Lawn Mowed?????



**Call Robert
@ 369 - 8811
(will bring own
equipment)**

TRACEY'S BARBER SHOP



**4 MILL STREET
BOIESTOWN NB
(506)369-8816**



THURSDAY: NOON TO 8 PM

FRIDAY: NOON TO 8 PM

SATURDAY: 9 AM TO 1 PM

WALK-INS WELCOME

NO APPOINTMENTS NECESSARY

6TH ANNUAL APPRECIATION DINNER & CHINESE AUCTION

At the Upper Miramichi Lions Club

Make plans to join us for an enjoyable evening of acknowledgement and appreciation for these distinguishing members of our community.

Irma O'Donnell, Grant Ross, Alta & Paul Colford

Date: October 26th 2019

Meet and Greet 5-6pm

At 6pm start with a tossed salad, followed by a full turkey dinner, dessert, tea and coffee

Tickets \$15 each or \$25 for 2

A limited number of tickets will be sold .

Please purchase your tickets on or before October 15th.

Tickets will be available on September 1st

Anna Mae 365-7670, Marilyn 369-9119, Lana Burke 369-2317



ZOOMERS ON THE GO

START DATE: September 23, 2019

Two 60 minute classes per week... Monday and Thursday 10:30 to 11:30

LOCATION: Rural Community of Upper Miramichi Community Center

Classes are free to both men and women over the age of 50.

Volunteer Instructors: Lois Carson & Pauline Merrill (certified by Fitness New Brunswick)

Using resistance bands and balls, participants will work at their own pace and level to improve their muscular strength and endurance, their cardio level and their balance.

Registration for the class is to be done through the Doaktown Health Center (365-6100).

You will be required to complete a short medical survey before beginning the class.

The class is limited to 20 participants.

Hope to see you at Zoomers on the Go in September!

Pauline & Lois.



Sue's Family Hairstyling

Est. 1992

Complete hair care for Women, Men and Children

Easy, no stairs access - Convenient Hours

Monday	9 a.m. – 5 p.m.	
Tuesday	9 a.m. – 5 p.m.	→ Drop-in 7:00 p.m. – 8:30 p.m.
Wednesday	9 a.m. – 5 p.m.	→ Evening by appointment
Thursday	9 a.m. – 5 p.m.	→ Evening by appointment
Friday	9 a.m. – 5 p.m.	

Appointments always recommended

Please call 369-8849



506-365-8952

KENNY ROBINSON
Owner/Operator

Tel: 506.365.8952

Email: kenny-robinson@hotmail.com

P.O. Box 971
Doaktown, NB
E9C 2P5

Septic Tank Cleaning
High Pressure Flushing/Thawing
Electronic Septic Tank Finder
RV Holding Tank Pumping
Portable Toilet Rental
Video Inspections

A proud member of the
Miramichi Valley Business Association



Our children will be returning to school on September 3rd



Please be cautious when you are driving and be prepared to

STOP for the School Bus.

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BLUE RIVER MASSAGE THERAPY

Julie Doiron, R.M.T
3498 Route 625, Boiestown, NB

Why is Massage good for you?

- Relieves stress, sleep better, help depression, help headache
- Relieves sore muscles, tension and joint pain
- Promotes relaxation, improves circulation and much more.

PLEASE CALL (506)238-3385
TO BOOK AN APPOINTMENT!

THIS & THAT TAXES

Owned & Operated By

Rick Bruce

385 Taxis River Road

Income Tax Preparation

HST Returns

EFILE Service

Bookkeeping/Payroll

**For fast, friendly service
and reasonable rates,
give us a call**

369-7154

365-0588



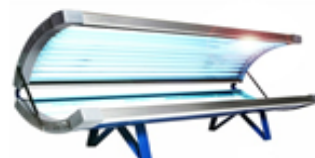
Color Me
CRAZY


Hair Salon

25 Company Rd
Boiestown, NB

Tanning and Piercing now available!
~Appointments Only~

261-3850 or 369-8181





“FALL SPECIAL” – FOOD FOR LIFE

Learn how to get the most out a healthier lifestyle.

Do you want to get healthy, lose weight and still eat regular food that you love?

Come out and join our group to get the support and information to succeed!

With Nutritionist Natalie Treadwell Pearce

Our “FALL Program” starts Wednesday, September 4th and runs until October 30th. Weigh-in starts at 5:30 pm and the meeting starts at 5:45 p.m.

Where: Rural Community of Upper Miramichi Community Center

If you are new to Food for Life the cost of this 9-week program is \$119. This includes a one-time only joining fee of \$59!

If you are already a member of Food For Life the cost of this session is \$60!

Do something great for yourself!

Get in shape and enjoy a healthier life.

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Free

- Clean Fill (sandy with small stone)
- Some Top soil



Call Dave at 1-506-251-5545

Fall Breakfast

Location: Astle Rec Centre

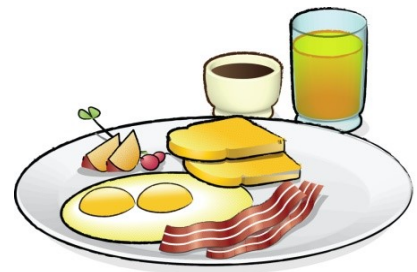
Saturday, September 21st

8am-11am

Menu

Scrambled Eggs, Bacon, Sausage, Pancakes, Home Fries, Toast, Tea, Coffee and Juice.

Cost: \$8.00



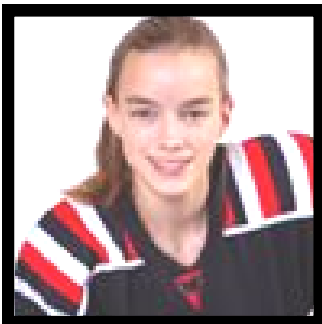
Congratulations to Sahara McKay

She has received a Hockey Scholarship to attend Hebron Academy in Maine USA!

You had a goal for yourself from a very young age, you have dedicated yourself to attaining this goal, from training at home to proper eating for an athlete, you are definitely a role model for other young ladies. You have proven that hard work and commitment does work. I am so very proud of you, as are all of your family and there sure are a lot of us.

We all hope to get to Maine to watch you play with the Hebron Lumberjacks.

You came from Lumberjack Country and are as strong as a Lumberjack so it is a very fitting team for you to be playing for.



When we can't see you play in person, we can watch your games online (if the internet works) .

Love you forever,

Aunt Margie & the Rest of Your Family



Fall Frolic 2019

September 14th

11:00am – 4:00pm

Rural Community of Upper Miramichi Park

- 11am** Sign waivers for participation in Laser Tag (5 & under must be accompanied by an adult) and Bouncy Castles. Must be signed by a parent or guardian prior to participating.
- 12pm** Magic Show and Balloon Twisting by Zap Magic
- 12pm** Face Painting by Katie the Great
- 12pm** Games with Prizes
- 1pm** Ground Zero Laser Tag in Multi-Purpose Area
- 1pm** Bouncy Castles
- 12pm** BBQ hosted by Upper Miramichi Lions Club
-

8pm – 11pm Dance in Multi-Purpose area for all ages.
Music provided by Steve Lyons & Anna Marie Burke
Bring your own camp chair & your dancing shoes!!

BBQ hosted by the Upper Miramichi Fire Department

Come Out to Enjoy a Day in the Park & an Evening of Music!

ALL activities are FREE, EXCEPT BBQ's

The Rural Community of Upper Miramichi

Presents



Steve Lyons and Anna Marie Burke

Saturday Sept 14th 8:00-11:00 PM

New Community Park Building

Come Dance, Party and Sing with us to the very best in Country and Classic Rock Dance Music to keep your hands a clapping and your toes a tapping.

Bring your
Favorite



Lawn Chair



All Ages

Dance

No Cover Charge

Come and enjoy an evening with us

See Ya there !!!





GROUNDZER 

LASERTAG

**ARE YOU READY FOR
THE CHALLENGE?**

IT IS GOING TO BE AWESOME!

**Rural Community Upper Miramichi
September 14 @ 12:45 - 3:00 PM
Rural Community Park Arena - Boiestown
Get Ready for Awesome!**

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Fall Breakfast

At The Woodmen's Museum

6342 Route 8, Boiestown

Saturday, September 14, 2019, 8 AM to 11 AM

Join us for a delicious "Buffet Style" breakfast to celebrate the beginning of the "Fall" season and the changing of fall colors! After breakfast, join the "Fall Frolic" at the Upper Miramichi Community Park (just across the street).

Adult \$10 Youth \$5 (12 and under) Family \$25

Buffet Breakfast Includes:

Homemade PANCAKES

Home Baked Beans

Eggs, Bacon, Sausage, Toast

Jams & Jellies, Orange or Apple

Juice

Coffee or Tea!



Thank you for supporting the Woodmen's Museum!

For more information: Call: 506-369-7214 Email: woodmen@nb.aibn.com

AND..... WE ARE GETTING READY FOR

HALLOWEEN: October 25+26