## Over North News



#### **March 2019**



The Over North News is published and printed at the Rural Community Office!

All Ads are <u>due no later</u> than the

15th of every month so the
newsletter can be delivered during
the first week of the month.

Pricing of ads will vary by size.

To submit an ad for the
Over North News you can email:
uppermiramichi@gmail.com
or drop them off at the
Rural Community Office at
6094 Route 8, Boiestown, NB

### GARBAGE PICK - UP

#### **MARCH 2019**

Garbage Pickup March 6 & 7 March 13 & 14 March 20 & 21

Recycle March 27 & 28

#### <u>Monthly Meetings</u>

Rural Community Monthly Public Council Meeting	March 25th @ 7:00 pm
Landmark Lodge #51 F & AM	Third Tuesday of the Month @ 7:30pm
Normandy Branch #78 Legion	Ladies Auxiliary - 3rd Tuesday of the month
	Regular Meeting - 2nd Wednesday of the month
	Legion Executive - 2nd Wednesday of the month
Upper Miramichi Lions Club	1st and 3rd Sunday of the month



## RURAL COMMUNITY OF UPPER MIRAMICHI 6094 ROUTE 8

#### BOIESTOWN, NB E6A 1M7

uppermiramichi1@nb.aibn.com

Phone: 506-369-9810; Fax: 506-369-8180

The next regular monthly meeting of the Rural Community of Upper Miramichi will be held on March 25 @ 7pm in the Community Room of the Upper Miramichi Community Centre. Deadline for receipt of agenda items and materials by the Clerk for this meeting is March 21st @ 3pm.



s part of the Emergency Measurement Organization, We are setting up our Municipal Plan in the event of an Emergency or Natural Disaster. As a part of this we are compiling a list of "at risk" residents.

If you feel that your name or a family members name should be on this list please contact:

Margie at 369-9810 OR email uppermiramichi@gmail.com

This could be situations such as living alone with no family to depend on in such an event. It could mean a person in need of oxygen, etc. In order to make a good plan it is necessary to gather this information from the residents of our Rural Community so please take a moment to contact the office if you are someone who should be on this list or know of someone who needs to be on it.

Thanks for your participation in this it is vital to making a good plan.



## E.R. Long Electric Electrical Contractor



Available Monday - Saturday

Renovations, New Construction, Panel Upgrades,
Generator Panels
Call 369-2414



## FOOT CARE CLINIC AT UPPER MIRAMICHI RURAL COMMUNITY OFFICE (6094 Rte 8 Boiestown NB)



#### With

**Leah Hunt, LPN** 

(Specializing in Foot Care Nursing since 2008) \$40 appointment fee

\*Registered service provider with many Health Insurance agencies.

**VAC Health Cards accepted** 

www.facebook.com/peppystepsfootcare

**Call Leah to book appointment** 

506-449-3354



#### **Ridgeway Baptist Church**

3133 Rte 625

Parker Ridge NB

Family Worship/Sunday School-Sundays 10:30

Bible Fellowship Time-Tuesday 7:00 PM

Kids Klub-Wednesday 6:30 PM

Youth-Wednesday 6:30 PM

Radical Friday-Friday 7:00 PM

We also have monthly Ladies Meetings, Men's Meetings, and Nursing Home Services

For more details contact Pastor Rick 365-0588



All dogs big or small

Don't forget to tag them all! You can buy the tags at the Rural Community Office

\$10.00 (males & spayed females)

\$20.00 unspayed females

Keep your dog safe!







#### the TAX PLACE

Peggy Price 369-2301 pprice@nb.sympatico.ca 6822 Route 8 Ludlow

Income Tax Preparation
Tax Season Hours
Monday-Friday: 9am-8pm
Saturday: 9am-12 noon

Bookkeeping
Payroll & HST Returns

ARE YOU BEHIND IN FILING YOUR TAXES?

GET BACK ON TRACK

Whether it be one year, or several

years, we can help!

NO SLIPS, NO PROBLEM.
CALL FOR AN APPOINTMENT

We appreciate our customers and invite you to enter to win our \$500 Cash Draw
Held on April 30, 2019

\$ We Make Your Life Less Taxing \$



#### 14th Annual Jigg's Dinner

Sunday, March17, 2019
Beginning at 4PM
at
Boiestown United Church
3571 Rte. #625



Corned beef, cabbage, vegetables dessert, tea/coffee

Adults- \$12. Children(under 12) -\$5

Pre Schoolers-Free

Family(immediate) \$25

Tickets at the Door
Sponsored by Boiestown United Church
"Thank-you" for your support







#### NEWBORN NEW LIFE

PRESENTS FREE

# PRENATAL CLASSES

Tuesday's April 2 - May 7 6:00 - 7:30 pm Doaktown Community Library

#### FREE CLASSES

- LABOUR AND DELIVERY
- NEWBORN CARE
- SAFETY& CAR SEATS
- BREASTFEEDING SUPPORT
- AND MUCH MORE

#### To Register:

TIFFANY.BLYTH@FRC-

CRF.COM

327-5261 CALL / TEXT

Find us on Facebook:
Newborn New Life - Care'N'Share



In Loving Memory of My Dad, Raymond E Munn, who passed away on March 14, 2005

Sunshine Passes, Shadows Fall
Loves Remembrance Outlasts All
And Though The Years Be Many Or Few
They Are Filled With Love & Remembrance Of You

Loved & Missed Every Day By Son Steven, Daughter In Law Kimberley,
Grandsons Patrick (Sarah), Bradley (Sarah)
Great Grand Kids Jack & Jade



IN LOVING MEMORY OF MY HUSBAND,
RAYMOND MUNN, MARCH 14, 2005,
A WONDERFUL HUSBAND, FATHER,
GRANDFATHER AND GREAT GRANDFATHER.

YOU NEVER SAID YOU WERE LEAVING
YOU NEVER SAID GOODBYE
YOU WERE GONE BEFORE WE KNEW IT
AND ONLY GOD KNOWS WHY

WE REMEMBER BACK THROUGH THE YEARS
WHEN WE WERE ALL TOGETHER
WE REMEMBER YOU WITH LOVE TODAY
FORGETTING YOU NEVER

YOUR LIFE WAS A BLESSING
YOUR MEMORY A TREASURE
YOU WERE LOVED BEYOND WORDS
AND MISSED BEYOND MEASURE

ALWAYS MISSED BY WIFE GRACE SONS, DAUGHTERS AND FAMILIES





The Rural Community of Upper Miramichi would like to thank all the volunteers who helped to make our "Winter Fun Day" a huge success.

There was lots of fun at the park, sleigh rides, kettle boil, scavenger hunt, hot dogs and hot chocolate and popcorn at the firehall. In the evening there was sliding at Fowlers Hill and Fireworks.

Snow Sculpture Contest results are
1st place—Jenna, Jordan & Liam Wilson
2nd place—Darlene Munn
3rd place—CNBA girls

To see the Snow Sculptures please visit our Facebook page - where you can see all the details of the Sculptures.

Thanks to all who joined us for this day and helped make it so much fun.

Council & Staff of RCUM



#### **Note of Thanks**

The entire family of the late *Peter Todd Moir*, wish to convey our heartfelt appreciation and gratitude. Thank you for the stories and memories you shared. They truly helped our family and highlighted what a special person Peter was.

We appreciated all those who called, sent food, cards, floral tributes, memorial donations, and attended the visitation or service. We were touched by Ronnie Fowler and Tina for providing a delicious turkey dinner. We also recognize Alice and Dougie for opening their home, providing hot meals and a place to gather. We wish to acknowledge Rev. Neil Osiowy, for his message of Love; Gail Clowater for her gift of music; Mark Munn, for giving us comfort through song; Uncle Michael, for capturing Peter's life through his 'Words of Remembrance'; and all those who played a role in the service, especially niece, Christie Calhoun Jordan, aunt, Beth Clowater, family friend, Irma O'Donnell and cousin, Doug Moir. We are grateful to the Anglican Church Women for organizing and providing, with help from our community, food for the reception. We were overwhelmed.

We pay tribute to Peter's life long friends and former co-workers; Terry Price, Brent Robinson, Clay Davis, James Best, Barry Stewart, Kimball Amos, and Mike O'Blenis, who will carry him to his final place of rest.

To the staff of Miramichi Valley Chapel, in particular, Funeral Director Steve Wallace, and assistants Lester and Tony, we thank you for your professionalism and kindness.

To Judy Morehouse(Mom), we were deeply touched for your huge sacrifice of staying behind in Timmins, keeping the home fires burning and for 'feeding Jake'.

To the Anglican Church and all churches through out the Miramichi River Valley, who held us in prayer, Thank you.

May God Bless each and everyone of you.

with love, Kelly, Chris, Chad and the Moir/Calhoun Family.

"Those we have held in our arms for a short while, we hold in our hearts forever."





#### ENTERTAINMENT AT POND'S PUB

March 16 - Josh Norrad & York County Smoke 10pm-1am

March 29 - Rik Reese & The Gypsy 10pm-1am

March 30 - Stephen Lawrence 10pm-1am

\* Show this page for 10% off your dine in order, 1 per customer \*

#### MUNCHIES

#### PLATTERS

#### FAVORITES

Mozza Sticks...8
Deep fried cheesel No description needed

Thai Tenders...9 crispy chicken, Thai chili sauce, topped with chives

1/2 lb. Wings...7 1 lb. Wings...13 Anyway you like, Hot, Mild, BBQ, Honey Garlic, Salt & Pepper, Honey-Hot

> Sweet Fries...8 plank-cut, served with jalapeno aoli

Wontons...11 A Miramichi Food Truck treat, try Pork, Havarti, or a combo

Onion Rings...7 Try them glazed with pure maple syrup for an extra dollari

Deep Fried Pickles...9
Dusted with seasoned flour, fried to perfection

Poutine...7 fresh-cut fries, curds and gravy All in Poutine...10 fresh-cut fries, curds, gravy, bacon and green onions

Basket of Fries...5 fresh-cut fries done right

Best Damn Burger, Period!...14 cheddar, fresh ground beef, lettuce, tornato, pickle, onion, sauce: garlic mayo, chipoble or thousand island Hot Nashville...13

Hot Nashville...13 brioche bun, bulfalo crispy chicken, slaw, sweet pickles

Pub Club...12 ciabatta, chicken, bacon, lettuce, tomato, mayo and jack cheese

Fish Burger...12 brioche bun, fresh battered fish, lettuce, tartar sauce

Fish n' Chips Sm...11 Lg...14 classic battered haddock, fresh-cut fries Pork Po'Boy...13 pulled pork, hoagie bun, cheese, lettuce tornato.

sweet pickles and garlic mayo
Chicken Finger Basket...13
the go-to, delicious crispy chicken tenders, coleslaw,
fresh-cut fries

Smoke Show...13 Montreal smoked meat, marble rye, swiss cheese, spicy mustard

Fish Tacos...13 crispy haddock, lettuce, pico de gallo, chipotle and avocado poblano sauce

Hot Hamburger...13 a classic, fresh ground beef, gray, peas, on white bread with fresh-cut fries "Platters come with fries and coleslaw" Classic Nachos...10 jalapeno, tomato, onion, peppers, cheddar cheese

BBQ Chicken Nachos...14 tangy bbq sauce, pickles, red onion, bacon, feta and cheddar

> 12" Works Pizza...15 (salami, pepperoni, bacon, mushroom, green pepper)

12" Meats Pizza...15 (salami, pepperoni, bacon, ground beef, italian sausage)

Oven Subs...9 - piled high with delicious fresh ingredients and covered in melted cheese, try meat lovers, works or bbq chicken

Spaghetti Bolognese...11 gluten-free pasta, classical meat sauce, garlic toast

#### **EXTRAS**

Klds Strips and fries..5 Gravy..2 Coleslaw..1 Pop..2 Juice..1

#### MUNCHIES

#### PLATTERS

#### FAVORITES

Friday 4pm-11pm

Saturday 11am-11pm Sunday 11am-7pm

www.PondsResort.com

Follow us on Facebook for events and specials!



#### **UPPER MIRAMICHI COMMUNITY LIBRARY**

7263 Route 8, Unit 1 New Bandon, NB E9C 2A7

Phone 365-2096 email <u>uppermiramichicommunity.library@gnb.ca</u> fax 365-2052

#### **Books on Wheels Delivery Program**

This free monthly service provides delivery of library material to Senior's and shut-ins. If you wish to take advantage of this special program, or know of someone who might, please reach the Library at one of the above listed contacts.

We now have Daisy players to loan to our visually impaired patrons and a great selection of talking books to loan with them.

#### Our "NEW" Local Address Books are Available

The 22<sup>nd</sup>. Edition of "Keep In Touch" is here
These are a great resource for finding mailing
addresses of community members.
If you know of any changes that should be
included please let us know at one of the above
contacts



#### **Preschool Storytime**

Our weekly storytime for preschoolers is resuming for fall/winter sessions. Beginning September 14<sup>th</sup>. at 10:30 each Friday, preschoolers are invited to join us for an hour of play based learning following the Every Child Ready To Read guidelines. This is a literacy development program designed to enhance literacy skills in your children at an early age.

#### **Upper Miramichi Community Library**

Drop in and Check us out. Regular Hours are Monday, Thursday & Friday - 9-12:30 & 1:30-5pm Tuesday & Wednesday - 12:00-5pm & 6-8pm Please note the Library will be closed

Our outside book drop is available for any items you wish to return

#### **WELCOME WAGON**

The Library is delivering "Welcome Wagon" packages, for new residents of the Rural Community of Upper Miramichi. In order to continue with this endeavour, we require assistance from Community members, businesses, and organizations to:

- Notify us of newcomers and contact information if available
- Provide items for our welcome package such as promotion of your business/organization and hours of opening etc., small welcome gifts, information about the area anything that would make a newcomer feel welcome and informed.

Please contact the Library at 365-2096 for more information or to offer assistance with this program

#### **Seniors Social**

Join us for our newly formatted Seniors Social time March 26<sup>th</sup>., at 9am. We provide a snack and refreshments and invite you to participate in our activities.

NB Power has added Energy Meters to our loaning collection. With your valid Library Card you can borrow one of these units and assess your home appliances for the amount of energy they require.

THE LIBRARY IS EXCITED TO HOST **NEWBORN NEW LIFE "NEW ADVENTURES" PROGRAM** for Babies 12 months and under and their caregivers March 14<sup>th</sup> – May 30<sup>th</sup> 10 am-12 pm

For more information call or text Tiffany @327-5261



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7263 Route 8, Unit 1 New Bandon, NB E9C 2A7
Phone 365-2096 email <u>uppermiramichicommunity.library@gnb.ca</u>fax 365-2052

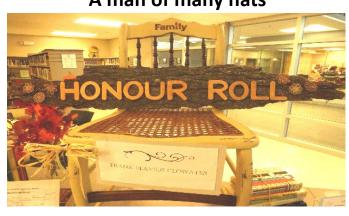
NEW and EXCITING !!!!!

We now have automotive diagnostic code readers added to our lending library collection. You may borrow them for a 3 week period and all you require is a valid Library Card. If you don't already have a Library card, the first one is free. If you have one but have misplaced it the replacement fee is \$2.00



Check out our "Honour Roll Tribute"

In recognition of Scott Clowater "A man of many hats"





Many Thanks to our partners Royal Canadian Legions, Boiestown,

Normandy Branch 78 and Doaktown Branch 23 for forming our Color Party in recognition of

Canada Flag Day, February 15<sup>th</sup>.





## TRACEY'S BARBER SHOP

4 MILL STREET BOIESTOWN NB (506)369-8816

THURSDAY: NOON TO 8 PM
FRIDAY: NOON TO 8 PM
SATURDAY: 9 AM TO 1 PM
WALK-INS WELCOME

NO APPOINTMENTS NECESSARY

SHOP CLOSED APRIL 16TH — MAY 1ST REOPENING ON MAY 2ND



Senior Sip 'n' Sup Fellowship Ridgeway Baptist Church 3133 Rte 625 Parker Ridge NB

March 31st, 2019 @ 3:00 pm



#### Menu:

Meatloaf, Mashed Potatoes, Veggies & Dessert

Tea & Coffee

RSVP: March 25th, 2019

Pastor Rick 365-0588

Note: It is important that you call and notify us that you plan to attend as we can only accommodate 50 people comfortably. Also, this way we know who plans to attend in the event that we need to contact you due to a cancellation because of a storm or unforeseen circumstances. Thank You



Nova Learning Centre 3133 Rte 625 Parker Ridge NB

On December 21, 2018 we will take our Christmas Break at the Nova Learning Centre. Classes will resume on January 7, 2019. Many of you have inquired about starting classes with us. This would be the time to begin. We are looking for students ages 16 to 100+. Some of you will join us to obtain your grade 12 for Work Placement, others so that they can go on to further their Education and some of you will want to come to School for your own personal satisfaction. Whatever the reason, we are here for you. Always remember it is completely free to attend the Nova Learning Centre. If you are connected with El or SD we can refer you to an Employment Counsellor who can assist you in many ways as you pursue your Education. Today is the day to sign up. We can also set you up with our Online Program if you cannot attend class. Send me a text or call at 365-0588.

**Rick Bruce** 





#### **Central Miramichi Community Aging Clinic**

Facilitated by Sarah Carson-Pond, RN & Lynsey Wilson Norrad, RSW, in partnership with Geriatrician Dr.P. Feltmate

#### What are our goals:

- To provide access to comprehensive geriatric assessments to community dwelling seniors
- To assess function of seniors in their current living situation and provide supports to help seniors meet their long-term goals
- To assess caregiver wellness and provide support and resources for caregivers to remain healthy and well
- To maximize independence, quality of life, and health status of seniors through a team-based interdisciplinary process
- To improve the understanding of health and aging among seniors and caregivers, by providing education and linking with community partners

#### How do I access the clinic?

- Referrals are accepted from all physicians and nurse practitioners.
- If you feel this clinic would be beneficial to you and are looking for help getting a referral from your health care provider, please give us a call and we can help facilitate this process.

#### What to expect at the geriatric assessment?

- Bring your NB Medicare card
- Bring a caregiver (can be a formal caregiver, a family member, a friend or neighbor who has some insight into your health and functioning)
- Expect to spend 1-2 hours for your first appointment
- Please bring ALL of your medications with you including prescription, herbal supplements, vitamins, eve drops, and creams
- Expect to be treated with dignity and respect, to feel listened to and supported

#### Who are our partners?

Our clinic works closely with many different healthcare professionals and community partners who help to provide care and support to seniors. Any treatment plans will be communicated and coordinated with your family doctor in a written report after your visit.

For more information please contact 365-6100 Central Miramichi Community Health Centre



#### Save the Date!



Your are invited to join the conversation regarding **COMMUNITY TRANSPORTATION** programs and systems for the Upper Miramichi/Doaktown/Blissfield area on March 21, 2019 @6pm. The meeting will be held in the Multi-Purpose Room at Central New Brunswick Academy.

If you are unable to make this meeting but would like to provide the working group with feedback or information regarding transportation in this community, please feel free to call Sarah at 365-6100 or email <a href="mailto:Sarah.Carson-Pond@horizonnb.ca">Sarah.Carson-Pond@horizonnb.ca</a>.



#### Central Miramichi Community Health Centre

#### RENOVATION NOTICE

The Central Miramichi Community Health Centre will be undergoing significant renovations in the coming weeks to various areas in our

building. Renovations to the front desk/registration area, waiting room and front and back doors are expected to last 3 to 4 weeks. The Health Centre will continue to be open during these renovations, however, renovations add another layer of complexity to our busy health centre and we ask that you be patient with this temporary situation. Please ensure that you bring your Medicare card to your visit **AND** speak with a clerk to ensure you are registered. There will be signs posted around the health centre to help redirect patients.

#### ANGLOPHONE RIGHTS ASSOCIATION of NEW BRUNSWICK



#### **Protecting Our Future**

#### Who Are We?

The Anglophone Rights Association of New Brunswick (ARANB) is a registered non-profit organization established to bring a sense of linguistic fairness and harmony for all citizens of the Province of New Brunswick.

#### What Is Our Goal?

We aspire to create a province where all citizens can expect to obtain employment, advance in employment and live cohesively together without language being a barrier.

#### **How Do We Accomplish That?**

- 1) Begin an open dialogue where barriers to a productive and harmonious province can be removed.
- 2) Develop policies to ensure a level playing field for all to obtain employment and opportunity for advancement.
- 3) Promote a system that includes all citizens of New Brunswick and does not allow any group of people to feel left out or under represented.

By incorporating these basic guidelines, we will be able to move forward as united communities within this great province that we proudly call home. For more information and to become a member contact us at:

Website: www.aranb.ca Mailing Address: PO. Box 22012

E-mail: anglophonerights@mail.com
Marysville,NB
Facebook: anglophone rights association
E3A 4A0





506-365-8952

#### **KENNY ROBINSON**

Owner/Operator

Tel: 506.365.8952

Email: kenny-robinson@hotmail.com

P.O. Box 971 Doaktown, NB E9C 2P5 Septic Tank Cleaning
High Pressure Flushing/Thawing
Electronic Septic Tank Finder
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Portable Toilet Rental
Video Inspections

A proud member of the Miramichi Valley Business Association



#### **Sue's Family Hairstyling**

Est. 1992

Complete hair care for Women, Men and Children

Easy, no stairs access - Convenient Hours

**Monday** 9 a.m. – 5 p.m.

Tuesday 9 a.m. - 5 p.m. -> Drop-in 7:00 p.m. - 8:30 p.m.

Wednesday 9 a.m. – 5 p.m. —> Evening by appointment
Thursday 9 a.m. – 5 p.m. —> Evening by appointment

**Friday** 9 a.m. – 5 p.m.

Appointments always recommended

Please call 369-8849







We are trying to determine if there is an interest in a
Summer Program for the children of
the Rural Community of Upper Miramichi.
We have tried for the past few years with little
participation from the Community.
Do you have any ideas to share with us?

Please give us a call or send us an email

Telephone 369-9810 Email-uppermiramichi@gmail.com







## BLUE RIVER MASSAGE THERAPY

Julie Doiron, R.M.T 3498 Route 625, Boiestown, NB

Why is Massage good for you?

- -Relieves stress, sleep better, help depression, help headache
- -Relieves sore muscles, tension and joint pain
- -Promotes relaxation, improves circulation and much more.

PLEASE CALL (506)238-3385
TO BOOK AN APPOINTMENT!

## TAXES

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Rick Bruce

385 Taxis River Road

Income Tax Preparation
HST Returns
EFILE Service
Bookkeeping/Payroll

For fast, friendly service and reasonable rates, give us a call

369-7154 365-0588



Tanning and Piercing now available! ~Appointments Only~

261-3850 or 369-8181





#### WHIPPLETREE PET BOARDING KENNEL 2896 RTE 625, PARKER RIDGE, NEW BRUNSWICK #506-369-2206



OWNER/OPERATORS: Rocky/Colette Calhoun

ALL DOGS & CATS - ANY SIZE

\$25.00 PER NIGHT - VENTILATED BUILDING

24 HOUR CARE-EXERCISE AND PLAYTIME

SEPARATE RUNS FOR SAFETY

( FACEBOOK : WHIPPLETREE PET BOARDING KENNEL)

