# Over North News



# January 2019

The Over North News is published and printed at the Rural Community Office!

All Ads are <u>due no later</u> than the

15th of every month so the
newsletter can be delivered during
the first week of the month.

Pricing of ads will vary by size.

To submit an ad for the
Over North News you can email:
uppermiramichi@gmail.com
or drop them off at the
Rural Community Office at
6094 Route 8, Boiestown, NB

# GARBAGE PICK - UP

## **JANUARY 2019**

Garbage Pickup
January 2 & 3
January 9 & 10
January 16 & 17
January 30 & 31

Recycle
January 23 & 24

## Monthly Meetings

Rural Community Monthly Public Council Meeting	January 28th @ 7:00 pm
Landmark Lodge #51 F & AM	Third Tuesday of the Month @ 7:30pm
Normandy Branch #78 Legion	Ladies Auxiliary - 3rd Tuesday of the month
	Regular Meeting - 2nd Wednesday of the month
	Legion Executive - 2nd Wednesday of the month
Upper Miramichi Lions Club	1st and 3rd Sunday of the month

# RURAL COMMUNITY OF UPPER MIRAMICHI 6094 ROUTE 8

#### BOIESTOWN, NB E6A 1M7

uppermiramichi1@nb.aibn.com

Phone: 506-369-9810; Fax: 506-369-8180

The next regular monthly meeting of the Rural Community of Upper Miramichi will be held on December 17 @ 7pm in the Community Room of the Upper Miramichi Community Centre. Deadline for receipt of agenda items and materials by the Clerk for this meeting is December 11th @ 3pm.



Firefighters of the Year 2018

Donnie Merrill (L) & Misty Arbeau (R)

Presented by Fire Chief Brian Spencer (Center)





There have been a number of queries as to why the garbage truck is later than usual on several days. The reason this

happens is because there is so much garbage from the previous day that has to be emptied before they can do the next run. They have to take it to allardville to be dumped, so they have to go there in the morning before they can do the run here.

We have been addressing the excess garbage for awhile through our Over North News suggesting ways that will help reduce the garbage that needs to be hauled away. This continues to be a growing problem. our tonnage is steadily increasing, which means that our fees are steadily increasing as well. If this trend

continues it may mean increasing tax rates for our municipality which is the reason we have been trying to promote awareness of recycling and composting. Keeping our tonnage down keeps the fees down. Lets work together to see just how much of a

difference we can make for the good of our community as a whole!

This would make a great New Year's Resolution.!!

Please See New Calendars at back of this Over North News

# "WINTER SPECIAL" - FOOD FOR LIFE

The New Year is here! Happy 2019!!!

Do you want to get healthy, lose weight and still eat regular food that you love? Come out and join our group to get the support and information to succeed!

With Nutritionist Natalie Treadwell Pearce

Our "Winter Program" starts Wednesday, January 9<sup>th</sup> and runs until March 27th, 2019. Weigh-in starts at 5:30 and the meeting starts at 5:45 p.m.

Where: St. James Anglican Church in Ludlow

If you are new to Food for Life the cost of this 12-week program is \$134. This includes
a one-time only joining fee of \$59!

If you are already a member of Food For Life the cost of this session is \$75!

It's that time of year that we all want to lose some of those Christmas pounds and get into shape before Summer.

Everyone welcome....Women, Men and Teens!

# FOOT CARE CLINIC AT UPPER MIRAMICHI RURAL COMMUNITY OFFICE (6094 Rte 8 Boiestown NB)

Beginning January 2019
With
Leah Hunt, LPN
(Specializing in Foot Care Nursing since 2008)
506-449-3354

\$40 appointment fee.

\*Registered service provider with many Health Insurance agencies.

\*VAC Health Cards accepted.

www.facebook.com/peppystepsfootcare

First Clinic January 30th
Call Leah to book appointment



#### **UPPER MIRAMICHI LIONS CLUB**

Do you have any old appliances or scrap metal that you would like to get rid of? We now have a big dumpster out behind the Lions Club. You can put anything metal in it such as car rims, washers, dryers,

refrigerators, stoves, dishwashers, old metal roofing, etc! They will also take electronics such as TV's, VCR's, etc. There is a door on the end of the dumpster so please put your metal inside the dumpster.

Thanks for your support.

NO HOUSEHOLD GARBAGE PLEASE

## **News From the Community Park**

The Ice is In and the Fun has begun. A few reminders to keep things running smoothly .



- 1. Children under the age of 12 must be supervised by an Adult.
- 2. Helmets must be worn when using the ice surface.
- 3. No boots or shoes on the ice—skates only.
- 4. If you are in the group that is the last to leave at the end of the evening, please scrape the ice so it can be kept smooth and is ready to be flooded in the morning.
- 5. Read and abide by the full list of rules that are posted in the warming building.

We want <u>everyone</u> to have fun and enjoy our newly covered Ice surface.



## Winter Fun Day

February 16 (storm date February 17)

Lots of fun to be had !!

Kettle boil

Scavenger Hunt

Sleigh Rides

Just to name a few



Sliding & Fireworks at Holtville in the evening

Watch Overnorth News and Facebook for more details and be sure to join us!

#### PROSPECT PLACE

#### **PUBLIC SKATING:**

Friday 6 pm - 7:30 pm

Sunday 4 pm - 5:30 pm

Admission - \$2

Open skate Wednesdays from 11:30 - 1:30 by donation

Note: Because times are subject to change, Please check Prospect Place Facebook page for updates.

#### HELMETS MUST BE WORN BY EVERYONE UNDER THE AGE OF 18

**Hockey Games**: check our Facebook page for dates and times.

Some upcoming tournaments to watch for are:

Mites - Jan. 26th

Novice - Jan. 27th

Boiestown/Doaktown Peewee Hitman

Jan 12—1:30 vs Tri-County Lanteigne

Feb 2—1:30 vs Oromocto StingRays

Feb 9—1:30 vs Keswick Valley Stars

#### **Special Events**

# Skate Night—Tribute to Locals Anthony Storey & Jonathan Betts whose team placed 1st in the World Fire Fit Challenge!

& Over 60 single & tandem World Fire Fit champion Stephen McAleer Jan 12th 8pm-10pm for all ages. Great music, great food, GREAT TIME!!! \$5 door charge includes hot chocolate

**4 On 4 Tournament** - Jan. 30th - Feb. 4th - contact Jody Jardine 365-0685 or Mark Betts 260-6874 for further details.

**HOMETOWN CELEBRITIES ...SKATE** - Feb. 9th - for more information contact Wendy at 365-7105 **Family Skate** - Monday, Feb. 18th

Be prepared for more **LAWN MOWER RACING** once the snow melts!!!

#### REMINDERS

#### All Prospect Place events are posted on our Facebook page

#### CHILDREN MUST BE SUPERVISED AT ALL TIMES BY AN ADULT WHILE AT THE ARENA!!

Our canteen is open during all public skating, hockey games and special events. We have two great cooks who will be more than happy to prepare something for you to eat in or take out. Come join us for some delicious, affordable food!!!

#### **Contact Information for Prospect Place:**

Jody Jardine - Manager Phone 365-7945 Cell 365-0685

e-mail jodyjardine@nb.aibn.com or On Facebook at Prospect Place

### Season's Greetings

To the friends T ve been fortunate to make and those to come and to you families and friends . . .



Best wishes for a happy and safe Holiday Season!

#### ANDY WOOD LEGAL SERVICES

Lawyer, Attorney & Notaries Public

44 Route 107 Tel: (506) 367-3333 Nashwaak Bridge, Fax: (506) 367-3131 New Brunswick Cel: (506) 440-9500

CANADA, E6C 2G7 Email:andywood.legalservices@gmail.com

Proudly serving the rural communities of the Nashwaak & Miramichi Valleys



Senior Sip 'n' Sup Fellowship
Ridgeway Baptist Church
3133 Rte 625 Parker Ridge NB



January 27, 2019 @ 3:00 pm Menu:

Homemade Soup, Rolls & Dessert RSVP: January 21, 2019

Pastor Rick 365-0588

Note: It is important that you call and notify us that you plan to attend as we can only accommodate 50 people comfortably. Also, this way we know who plans to attend in the event that we need to contact you due to a cancellation because of a storm or unforeseen circumstances.

Thank You



Nova Learning Centre 3133 Rte 625 Parker Ridge NB

On December 21, 2018 we will take our Christmas Break at the Nova Learning Centre. Classes will resume on January 7, 2019. Many of you have inquired about starting classes with us. This would be the time to begin. We are looking for students ages 16 to 100+. Some of you will join us to obtain your grade 12 for Work Placement, others so that they can go on to further their Education and some of you will want to come to School for your own personal satisfaction. Whatever the reason, we are here for you. Always remember it is completely free to attend the Nova Learing Centre. If you are connected with El or SD we can refer you to an Employment Counsellor who can assist you in many ways as you pursue your Education. Today is the day to sign up. We can also set you up with our Online Program if you cannot attend class. Send me a text or call at 365-0588.

**Rick Bruce** 

A

s part of the Emergency Measurement Organization, We are setting up our Municipal Plan in the event of an Emergency or Natural Disaster. As a part of this we are compiling a list of "at risk" residents.

If you feel that your name or a family members name should be on this list please contact:

Margie at 369-9810 OR email uppermiramichi@gmail.com

This could be situations such as living alone with no family to depend on in such an event. It could mean a person in need of oxygen, etc. In order to make a good plan it is necessary to gather this information from the residents of our Rural Community so please take a moment to contact the office if you are someone who should be on this list or know of someone who needs to be on it.

Thanks for your participation in this it is vital to making a good plan.



## KENNY ROBINSON

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 9 a.m. – 5 p.m.

 Tuesday
 9 a.m. – 5 p.m. —> Drop-in 7:00 p.m. – 8:30 p.m.

 Wednesday
 9 a.m. – 5 p.m. —> Evening by appointment

 Thursday
 9 a.m. – 5 p.m. —> Evening by appointment

 Friday
 9 a.m. – 5 p.m.

Appointments always recommended

Please call 369-8849





#### Thank You

The family of Carl Bruce would like to say thank you to each and every one of you that sent prayers, cards, words of hope and encouragement to us during the time of Dad's illness and "Home Going". Many of you took the time to visit us during the Visitation and also attended the Celebration of Life Service; for which we are thankful. Thank you for all the wonderful food that was provided during this time. We would like to say thank you to the Church Family of Ridgeway Baptist Church for all that you did to help us through this time. Thank you to each one who participated in the Service, it meant a lot to us.

Blessing to each and every one of you!

The WGLG meets the first Wednesday of every month at the Woodmen's Museum at 7 pm. Copies of the chosen books are available at the Upper Miramichi Community Library. Come and join the ladies for an interesting and lively discussion! In December the group reviewed In Search of April Raintree by Beatrice Culleton Mosionier. This was our first novel by an aboriginal author with an aboriginal theme.

Two young sisters are taken from their home and family. Powerless to change their fortunes, they are separated, and each put into different foster homes. Yet over the years, the bond between them grows. As they each make their way in a society that is, at times, indifferent, hostile, and violent, one embraces her Métis identity, while the other tries to leave it behind. In the end, out of tragedy, comes an unexpected legacy of triumph and reclamation.

Most members felt that it was an important story to tell and to read about. Members felt the writing style kept the reader protected from the harshness of the topics being discussed. The story spoke to many members on different levels.

There were also 10 critical essays at the end of the book that discussed different aspects of the storyline. Most book club members just skimmed the essays. One member who did read all the essays found them very informative.

Ratings range from 6 – 9 with the average being 7.5

Topics of discussion included: Styrofoam, Smudging, New Babies

The next meeting will take place on January 2, 2019 when we will discuss the novel

<u>Under this Unbroken Sky</u> by Shandi Mitchell.



## Tracey's Barber Shop

4 Mill Street, Boiestown NB (506) 369-8816

Thursday: Noon to 8 pm Friday: Noon to 8 pm Saturday: 9 am to 1 pm

Walk-ins welcome. No appointments necessary.





# BLUE RIVER MASSAGE THERAPY

Julie Doiron, R.M.T 3498 Route 625, Boiestown, NB

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JANUARY	FEBRUARY	MARCH	APRIL
Garbage Days	Garbage Days	Garbage Days	Garbage Days
Jan 2 & 3	Feb 6 & 7	Mar 6 & 7	April 3 & 4
Jan 9 & 10	Feb 13 & 14	Mar 13 & 14	April 10 & 11
Jan 16 & 17	Feb 20 & 21	Mar 20 & 21	April 17 & 18
Jan 30 & 31			
Recycle Only	Recycle Only	Recycle Only	Recycle Only
Jan 23 & 24	Feb 27 & 28	Mar 27 & 28	April 24 & 25
MAY	JUNE	JULY	AUGUST
Garbage Days	Garbage Days	Garbage Days	Garbage Days
May 1 & 2	June 5 & 6	July 3 & 4	Aug 1
May 8 & 9	June 12 & 13	July 10 & 11	Aug 7 & 8
May 15 & 16	June 19 & 20	July 17 & 18	Aug 14 & 15
May 29 & 30		July 31	Aug 21 & 22
Recycle Only	Recycle & Garbage	Recycle & Garbage	Recycle & Garbag
May 22 & 23	June 26 & 27	July 24 & 25	Aug 28 & 29
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Garbage Days	Garbage Days	Garbage Days	Garbage Days
Sept 4 & 5	0ct 2 & 3	Nov 6 & 7	Dec 4 & 5
8ept 11 & 12	Oct 9 & 10	Nov 13 & 14	Dec 11 & 12
Sept 18 & 19	0ct 16 & 17	Nov 20 & 21	Dec 18 & 19
	Oct 30 & 31		
Recycle & Garbage	Recycle Only	Recycle Only	Recycle Only
•	Oct 23 & 24	Nov 27 & 28	Dec 27