

# Over North News

## DECEMBER 2019



RCUM office

will be closed for the  
following dates over  
the Christmas  
Holiday

December 20th, 2019  
To  
January 1st, 2020

Reopening on  
January 2nd, 2020



### ATTENTION ALL RESIDENTS

Starting in January we will have a new  
collection schedule for solid waste.

#### ***IN 2020 THE SCHEDULE WILL BE***

##### ***January-May***

*1 week recycle*

*the next week garbage*

*(every other week)*

##### ***June–September***

*Garbage will be collected every week  
Recycles will collected every other week*

##### ***October-December***

*Back to every other week for both*

\*\*\* NEW COLLECTION CALENDAR WILL BE  
ATTACHED TO THE JANUARY EDITION OF THE OVER  
NORTH NEWS PLEASE KEEP IN MIND THE DATES  
MAY CHANGE DUE TO UNFORESEEN  
CIRCUMSTANCES. PLEASE CHECK YOUR OVER-  
NORTH NEWS MONTHLY TO BE AWARE OF CHANG-  
ES THAT MAY HAVE BEEN MADE.

### DECEMBER 2019

#### ***Garbage Pickup Only***

*December 4 & 5*

*December 11 & 12*

*December 18 & 19*

*December 28th*

*Recycle Only (both runs)*

*January 2, 2020*

*Garbage Only  
(both runs)*

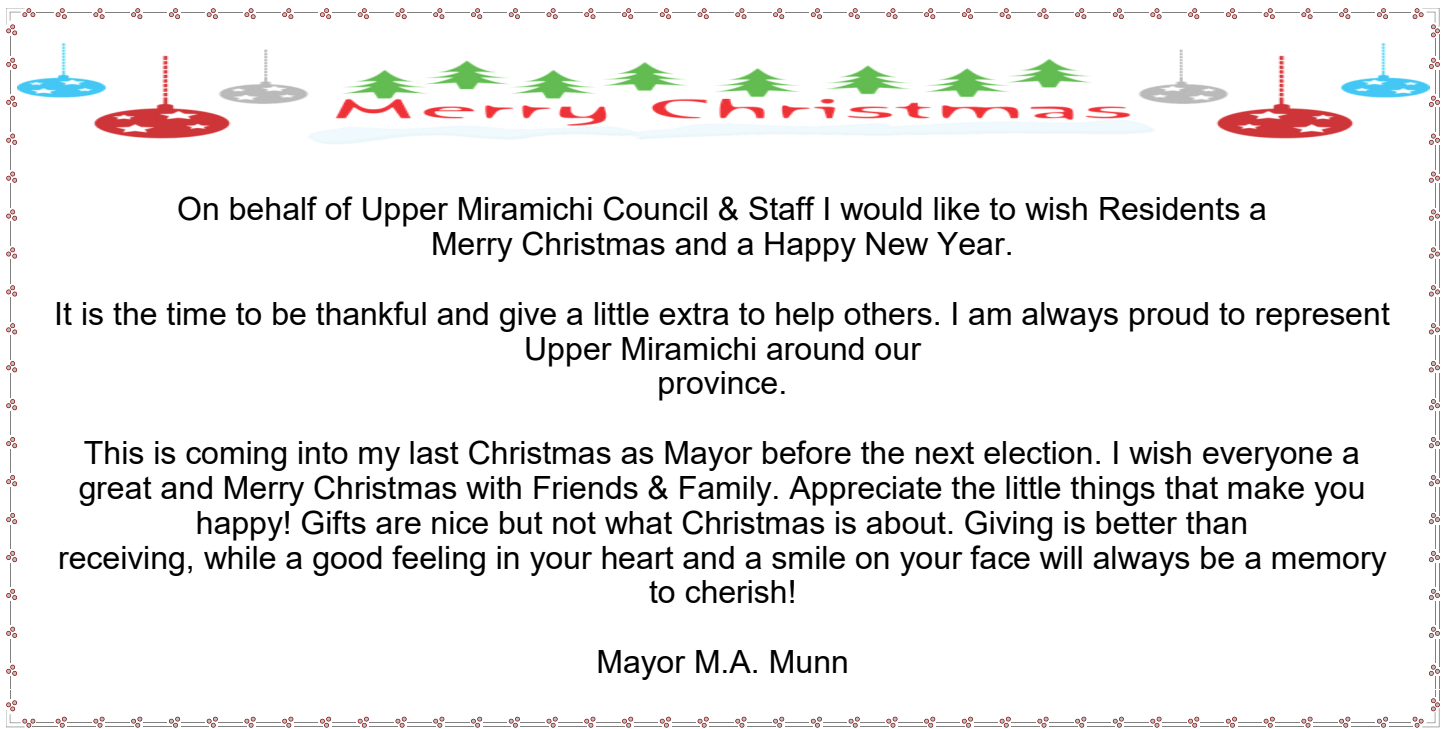
*January 8th & 9th*

*Recycle Only*

If you have a blue bin you are not  
using please give us a call  
As we have people waiting for one.  
369-9810

### Monthly Meetings

Rural Community Monthly Public Council Meeting.....December 16th @ 7:00 pm  
Landmark Lodge #51 F & AM .....Third Tuesday of the Month @ 7:30pm  
Normandy Branch #78 Legion.....Ladies Auxiliary - 3rd Tuesday of the month  
Regular Meeting - 2nd Wednesday of the month  
Legion Executive - 2nd Wednesday of the month  
Upper Miramichi Lions Club.....1st and 3rd Sunday of the month



#### **MUNICIPAL UPDATES**

##### ***Garbage and Recycles***

*On the Municipal side of things there are a couple of updates to pass along. We have partnered with the Village of Doaktown to sign a new contract for collection of solid waste and recyclables. We are also looking at the viability of purchasing a garbage/recycle truck. There will be a rotation all winter months of garbage one week and recycles the next. Keep an eye out for our calendar with schedules. Remember everything we recycle saves us money on tipping fees and makes the cells where solid waste is put last longer.*

*Win-Win for the taxpayer.*

##### ***Tourism***

*We have partnered with the Village of Doaktown and the Village of Blackville to work with the province to push our area in the forefront of tourism. A consultant has been hired to work on and bring together a plan. The Sentier trail system along with the Snowmobile Club/Federation and the ATV Club/Federation will be the first phase. Then spreading out to our beautiful tourist/sightseeing locations along with our Heritage, Events & Outside Activities.*

*This is a great opportunity to get people to come enjoy and spend a night.*

##### ***Miramichi Planning***

*The Rural Community of Upper Miramichi, The Village of Doaktown and The Village of Blackville have also been working together to better serve residents with the planning process when building, etc. There is a need to improve ease and simplification of permits, and the permitting process. Council, Staff and myself are pleased to be working and collaborating with our neighbours to provide services and opportunities. It is something that would not have happened not too many years ago.*

*In the wise words of Red Green*

*“We are all in this together” to be responsible to you the taxpayer. “Keep your stick on the ice”.*

**RURAL COMMUNITY OF UPPER MIRAMICHI  
6094 ROUTE 8**

**BOIESTOWN, NB E6A 1M7**

[uppermiramichi1@nb.aibn.com](mailto:uppermiramichi1@nb.aibn.com)

**Phone: 506-369-9810; Fax: 506-369-8180**

The next regular monthly meeting of the Rural Community of Upper Miramichi will be held on December 16th @ 7 pm in the Community Room of the Upper Miramichi Community Centre. Deadline for receipt of agenda items and materials by the Clerk for this meeting is December 12th @ 3pm.

**AD PRICES:**

1/4 Page: \$10.00

1/3 Page: \$15.00

1/2 Page: \$20.00

FULL Page: \$25.00



Please note:

Entries for the *Over North News* Ads are due no

later than the 15th of each month.

Please submit your ad by this date to ensure it is in the next edition of the *Over North News*.

To submit an ad for the Over North News you can email: [uppermiramichi@gmail.com](mailto:uppermiramichi@gmail.com) or drop them off at the Rural Community Office

All dogs big or small  
Don't forget to tag them all!



You can purchase the tags  
at the

Rural Community Office.

\$10.00 (males & spayed  
females)

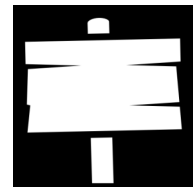
\$20.00 unspayed females.

In order to tag your dog,  
you must now show proof of  
rabies vaccination.

Keep Your dog safe!

The sign at  
*Boiestown's Old  
Cemetery*

has been taken  
down as it is in  
need of repair, it  
will be reinstalled  
in the Spring.



**Grant/Donation applications will be accepted up until  
December 31, 2019 for  
review in**

**February for the 2020 Year.**

**All applications will be considered on an individual basis  
depending on funds available for 2020.**



Remembering my dear brother, Larry Lyons,  
December 17, 2015

Treasured memories keep you near  
As time unfolds another year  
No need for words, except to say  
Still loved, still missed  
In every way

Sadly missed by  
Sister Elizabeth & Allen  
And the Gang.

You went without farewell  
you said goodbye to none  
But Heavens gate was open wide  
and a loving voice said "Come"

Beside your grave we often stand  
Our hearts are tired and sore  
But through the gloom there comes the words  
"Not dead, just gone before"



Dad,  
I can't believe you have been gone for almost a year  
now. I miss your sweet face so much.  
We will meet again in Heaven.

Love Pat, Mark, Curb and Teena

In Memory of Carl Bruce - November 30, 2018

I Heard Your Voice In The Wind Today - Author Unknown

I heard your voice in the wind today  
and I turned to see your face;  
The warmth of the wind caressed me  
as I stood silently in place.  
I felt your touch in the sun today  
as its warmth filled the sky;  
I closed my eyes for your embrace  
and my spirit soared high.  
I saw your eyes in the window pane  
as I watched the falling rain;  
It seemed as each raindrop fell  
it quietly said your name.  
I held you close in my heart today  
it made me feel complete;  
You may have died...but you are not gone  
you will always be part of me.  
As long as the sun shines...  
The wind blows...  
The rain falls...  
You will live on inside of me forever  
for that is all my heart knows.  
With love from the Bruce Family





Carson: In Loving Memory of my wife  
Alice Marie Carson  
who God called Home December 23, 2005

The Day God Took You Home

A million times  
I've needed you  
A million times  
I've cried  
If love alone  
Could have saved you  
You never would have died  
In life I loved you dearly  
In death I love you still  
In my heart you hold a place  
No one else can ever fill  
It broke my heart to lose you  
But you didn't go alone  
Part of me went with you  
The day God took you home

Truly Missed & Loved Forever

Tommy



**Carson: In Loving Memory of Mom,  
Alice Marie Carson  
Who God took Home  
December 23, 2005**



**.....Until We Meet Again  
Those special memories of you  
Will always bring a smile  
If only I could have you back  
For just a little while  
Then we could sit and talk again  
Just like we used to do  
You always meant so very much  
And always will do too  
The fact that you're longer here  
Will always cause me pain  
But you're forever in my heart  
Until we meet again**

**Loved & Missed  
Until we meet again  
Mack & Anne**

Gram: In Loving Memory of Alice Marie Carson who God took Home December 23, 2005

Missing You

We're missing you a little more, Each time we hear your name  
We've cried so many tears, Yet our heart's broken just the same  
We miss our times together, Things in common we could share  
But nothing fills the emptiness, Now you're no longer there  
We've so many precious memories, To last our whole life through  
Each one of them reminders, Of how much we're missing you

Loved & Sadly Missed  
Laurie Lee, Marie, Alison & Julie  
We miss you more each day xoxoxoxo



**Carson:**

**In Loving Memory of Mom,**

**Alice Marie Carson**

**Who Good took home December 23, 2005**

**YOU NEVER SAID GOODBYE**

**Author Unknown**

**You never said I'm leaving,  
You never said Goodbye  
You were gone before I knew it  
And only God knows why  
A million times I needed you  
A million times I cried  
If love alone could have saved you  
You never would have died  
In life I loved you dearly  
In death I love you still  
In my heart you hold a place  
That no one could ever fill  
It broke my heart to lose you  
But you didn't go alone  
For part of me went with you  
The day God took you home**

**Always Missed & Loved**

**Mabel & Ricky**



shutterstock - 199893467

**CARSON:**

**In Loving Memory of a dear mother,  
Alice Marie Carson.**

**Remembering you is easy**

**I do it every day**

**But missing you is a heartache**

**That never goes away**

**I hold you close within my heart**

**And there you will remain**

**To walk with me throughout my life**

**Until we meet again.**

**Loved and Missed by**

**Daughter Ellamae & Ronnie**



**CARSON:**

**In Loving Memory of Mom**

**Alice Marie Carson**

**Who God called home**

**December 23, 2005**

**Sadly Missed & Always Loved**

**Wendy**



*I Miss You Mom*

*I thought of you with love today,*

*But that is nothing new.*

*I thought about you yesterday,*

*And days before that too.*

*I think of you in silence,*

*I often speak your name.*

*All I have are memories,*

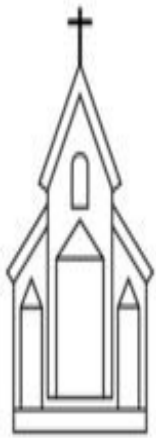
*And your picture in a frame.*

*Your memory is my keepsake,*

*With which I'll never part.*

*God has you in his keeping,*

*I have you in my heart*



## **Ridgeway Baptist Church**

**3133 Rte 625**

**Parker Ridge NB**

**Family Worship/Sunday School—Sundays 10:30**

**Bible Fellowship Time—Tuesday 7:00 PM**

**Kids Klub—Wednesday 6:30 PM**

**Youth—Wednesday 6:30 PM**

**Radical Friday—Friday 7:00 PM**

**We also have monthly Ladies Meetings, Men's Meetings, and Nursing Home Services**

**For more details contact Pastor Rick 365-0588**



### **Ridgeway Christmas Services**

**Sunday - December 15th @ 7:00 pm**  
**Sunday School Christmas Concert**

**Saturday - December 21 @ 5:00 pm**  
**Christmas Musical**  
**Pot Luck Meal @ 6:00 pm**

**Tuesday - December 24th @ 6:00 pm**  
**Christmas Eve Service**

**Everyone Welcome to all Services**



**PRESENT CLASS IS FULL. ANOTHER CLASS WILL START  
IN 2020. CALL TO REGISTER FOR THE NEXT CLASS**

Miramichi Adult Learning Inc is offering free Computer Classes once again.

Classes will be held at the Nova Learning Centre, 3133 Route 625 Parker Ridge at the Ridgeway Baptist Church.

- \* Free basic computer training including Windows 10 navigation, file management, email, internet searching and Cloud saving & sharing, Microsoft Word, Excel & Powerpoint
  - \* The program is for those who wish to enter the labour market, those who are already in the labour market and for those who need skills for a volunteer role.
  - \* Surface Pro devices will be provided for the class
- Please let Rick know if you are interested in attending this class.

**365-0588**



Please note that  
Pastor Rick Bruce is no longer  
using a house phone.  
He can be reached at:  
365-0588 or 365-0587 (Mabel)





**BLUE RIVER  
MESSAGE THERAPY**

*Julie Doiron, R.M.T*  
**3498 Route 625, Boiestown, NB**

Why is Massage good for you?

- Relieves stress, sleep better, help depression, help headache
- Relieves sore muscles, tension and joint pain
- Promotes relaxation, improves circulation and much more.

**PLEASE CALL (506)238-3385  
TO BOOK AN APPOINTMENT!**

# THIS & THAT TAXES

Owned & Operated By

Rick Bruce

**385 Taxis River Road**

Income Tax Preparation

HST Returns

EFILE Service

Bookkeeping/Payroll

**For fast, friendly service  
and reasonable rates,  
give us a call**

**365-0588-Rick**

**365-0587- Mabel**



**Doaktown Hours**

**Tuesday—Friday 9:00 am—5:00 pm**

**Closed for lunch each day 12:30 - 1:45 pm**

**Telephone: 1-888-762-8600**

**Fax: 506-365-2044**

**Email: [snb@snb.ca](mailto:snb@snb.ca)**

**<http://www2.snb.ca>**

**Mailing address:**

**SNB Doaktown**

**272 Main Street**

**Doaktown NB**

**E9C 1B2**

## TRACEY'S BARBER SHOP



**4 MILL STREET**

**BOIESTOWN NB**

**(506)369-8816**



**THURSDAY: NOON TO 8 PM**

**FRIDAY: NOON TO 8 PM**

**SATURDAY: 9 AM TO 1 PM**

**WALK-INS WELCOME**

**NO APPOINTMENTS NECESSARY**



Owned/ Operated by Rikki Lyons Registered Massage Therapist  
 Located at 64 Holt Road, McNamee  
 Available by Appointment Monday – Friday

Only 4 Weeks left of 2019! Time is winding down to use the remainder of your Massage Therapy coverage. Most companies renew every calendar year, and if you don't use your coverage- you lose it (you're already paying for it). Already used your extended healthcare coverage? That's ok! We are taking appointments for January. It's never too early to book your next appointment!

**\*DIRECT BILLING AVAILABLE FOR MOST COMPANIES\***

**\*Please note that we will be closed December 21st-29th (open Dec.30th) as well as December 31st – January 2nd (Open Jan.3rd)**

**GIFT CERTIFICATES AVAILABLE !**

We will also be at the CNBA Christmas Market selling certificates and products!



## *Aurora Borealis Apothecary*

*All Natural Body Care Products  
Handmade Soap, Bath Bombs,*

*Beard Oil, etc*

*Call Michelle at 476-6959*

*Or find us on facebook  
to place your orders.*



**Holly Carson**  
 receiving UMFCI Life Membership  
 from Glen Abbott (president).

### **The Upper Miramichi Firearms Club Inc**

has re-opened it's 110m range and is welcoming new members. Visit our website at [www.umfci.ca](http://www.umfci.ca), contact us via email at [umfci1983@umfci.ca](mailto:umfci1983@umfci.ca) or [www.facebook.com/umfci.ca/](https://www.facebook.com/umfci.ca/) for more information.



### **Bloomfield Ridge Women's Institute Hall**

Due to a declining membership of the Bloomfield Ridge Women's Institute it has become necessary for the B.R.W.I. to disband.

As a result of the disbanding, the B.R.W.I. Community Hall must be placed for sale. The hall is equipped with an oil furnace, washroom and 200 Amp Entrance and is situated on approximately two acres of land.

Proceeds from any sale will be distributed to N.B.W. I. and local charities.

Interested persons may contact  
 Mrs. Izella Hunter, acting president, B.R.W.I.  
 By phone at 506-369-2339  
 or  
 Email [ilhunter@bellaliant.net](mailto:ilhunter@bellaliant.net)



# Build Connection with Your Neighbours

## Deepening Community in Boiestown

Strengthening connections between neighbours has been identified as a priority in many communities across New Brunswick. Here in Boiestown, several organizations in the community have partnered to establish a **Local Deepening Community Initiative** to deepen a sense of community for all.

### VOICES FROM THE COMMUNITY NEEDED!

We are looking for community members to host and/or participate in community conversations with neighbours, community groups, organizations, etc.



Our aim is to build consensus around our shared vision for a healthy community; to identify priorities for shared action; and to map our collective assets (gifts, talents, skills), through conversation! This conversation could happen during a pre-scheduled meeting, or at any other type of gathering that already takes place in the community.

**Boiestown's Local Deepening Community Initiative is supported by:**



For more information contact Stacey-Astle Munn  
506-369-7262, ext 5  
[staceyastlemunn@nb.aibn.com](mailto:staceyastlemunn@nb.aibn.com)



**NOW OPEN IN DOAKTOWN NB**  
**328 MAIN STREET**  
**(FIREHALL BUILDING)**

*Supporting Mission Projects*  
*Bibles for Africa*  
*School Projects*  
**365-7070 or 461-7891**  
**CASH or EMAIL TRANSFER:**  
***priceapril755@yahoo.com***

I will be at the Local Markets in the Boiestown/Doaktown Area during November/December 2019.

In addition to my Salsa, Pickles & Jams I will have **HOMEMADE BAKING** along with my Special Recipe Dark & Light Moist **FRUITCAKES.**



### MY PRODUCTS

**Mild, Medium, Hot, Extra Hot Salsa-Multi Veg.**

**Sweet Mustard Pickles-Dutch Mustard Pickles-Lady ASH-Bread'n'Butter Pickles-Dilled Curried Zucchini Pickles-Old Fashioned Chow Chow-Tomato Apple Chow-Mustard Beans-Pickled Beets-BBQ Sauces-Apple Butter-Strawberry, Raspberry, Blueberry Jams plus other Jam Combinations-No Sugar Added Jams & Salsa's & Adding more choices all the time!!**

# CATCH THE KING OF CLUBS



**DECEMBER 13**

**JOIN US FOR A SPECIAL EVENING TO HELP  
CELEBRATE THE HOLIDAY SEASON!**

**TURKEY SUPPER FOR \$10.00 (5 PM TO 7 PM)**

**ENTERTAINMENT WITH Debbie and Eric (7 to  
8 PM)**

**AFTER THE DRAW AT 8 PM WE WILL BE  
ROLLING UP THE CARPET AND DANCING  
OUT THE NIGHT AS Debbie and Eric  
CONTINUE!**

**“SURPRISES AND SPECIAL GUESTS!”**

“CATCH THE KING” continues every FRIDAY at the  
Doaktown Curling Club from 10 a.m. to 8 p.m.

Tickets can also be purchased from the Golf Club and the  
Legion during open hours.

Entertainment takes place from 7 – 8 p.m. with the draw  
to follow shortly after.

Each Friday there will be a supper available to “take out”  
or “eat in” starting at 5 p.m.

Keep up to date by following us  
on our Facebook Page:

**“Catch The King Of Clubs”**

**See You There!**

Lottery License #: 1856415131000





## E.R. Long Electric Electrical Contractor

*Available Monday - Saturday*

*Renovations, New Construction, Panel Upgrades,  
Generator Panels*

Call 369-2414



**506-365-8952**

**KENNY ROBINSON**  
*Owner/Operator*

Tel: 506.365.8952

Email: kenny-robinson@hotmail.com

P.O. Box 971  
Doaktown, NB  
E9C 2P5

**Septic Tank Cleaning  
High Pressure Flushing/Thawing  
Electronic Septic Tank Finder  
RV Holding Tank Pumping  
Portable Toilet Rental  
Video Inspections**

**A proud member of the  
Miramichi Valley Business Association**



## Sue's Family Hairstyling

Est. 1992

**Complete hair care for Women, Men and Children**

**Easy, no stairs access - Convenient Hours**

<b>Monday</b>	9 a.m. – 5 p.m.	
<b>Tuesday</b>	9 a.m. – 5 p.m.	—> <b>Drop-in 7:00 p.m. – 8:30 p.m.</b>
<b>Wednesday</b>	9 a.m. – 5 p.m.	—> <b>Evening by appointment</b>
<b>Thursday</b>	9 a.m. – 5 p.m.	—> <b>Evening by appointment</b>
<b>Friday</b>	9 a.m. – 5 p.m.	

**Appointments always recommended**

Please call 369-8849



**Anglican Parish of Ludlow and Blissfield  
Church Service Schedule for December**

Sunday December 1st	9:00 am - St. James, Ludlow 11:00 am - St. Andrews, Doaktown
Sunday December 8th	9:00 am - St. James, Ludlow 11:00 am - St. Andrews, Doaktown
Sunday December 15th	9:00 am - St. Andrews, Doaktown 11:00 am - St. James, Ludlow
Sunday December 22nd	9:00 am - St. Andrews, Doaktown 11:00 am - St. James, Ludlow
Sunday December 29th	10:30 am - St. Andrews- Parish Service
Christmas Eve Services	7:00 pm - St. Andrews, Doaktown 10:00 pm - St. James, Ludlow



***Food for Life – Winter Special 2020***

***Would you like to lose some weight and get into shape before Spring? Give yourself the gift of a healthier you! Come join us at the Rural Community Center in Boiestown to learn how to manage the winter blahs and get onto a better routine of eating and exercising. Nutritionist Natalie Treadwell Pearce will be giving short lectures to help you along your journey.***

***Where: Rural Community of Upper Miramichi Community Center.***

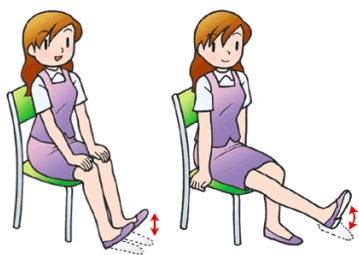
***When: January 7 – March 31, 2020 - 13 week program.***

***Every Tuesday evening starting at 5:00 for weigh in and 5:30 for meeting.***

***Cost - \$80 for returning members. \$139 for new members that includes a one-time joining fee of \$59.***

***Everyone Welcome..... Women, Men and Teens!***





## ZOOMERS ON THE GO

New 12 week program

When: January 13, 2020

Where: Rural Community of Upper Miramichi Building

Time: 10:30 - 11:30 Monday & Thursdays

Fee: FREE

Volunteer Instructors: Lois Carson & Pauline Merrill (Certified by Wellness NB)

### What is Zoomers:

Zoomers is a falls prevention program for men & women over the age of 50. Using Resistance bands and balls participants will work at their own pace and ability level to improve their muscular strength & endurance, cardio level and balance.

### Registration:

You **MUST** register through the Doaktown Health Center (365-6100)

You will be required to complete a short medical survey before beginning the class.

If there is enough interest, there is a possibility of 2 classes.

We would like to encourage the men of the community to join.

Husband and wife teams are encouraged.

Lots of laughter as well as exercise!

See You at Zoomers on the Go on January 12, 2020

# Santa's Breakfast

Come join Santa for Breakfast at the Woodmen's Museum!

6342 Route 8, Boiestown, NB

Saturday, December 7th 2019, 8-11 AM

Adults- \$10 Youth (12 & under)-\$5 Family- \$25

Old-fashioned pancake buffet breakfast with SANTA - but we will be here to help & make your toast. Includes homemade pancakes, home baked beans, scrambled eggs, bacon, ham, toast, jams & jellies, apple or orange juice, coffee or tea!

**C. Stewart Photography will be here!**

**A "Photo Booth" will be set up- Bring your whole Family and get your photo taken with Santa! \$3.00 per image and they will be emailed to you!**



Thank you for supporting the Woodmen's Museum! For information

call: (506) 369-7214

E-mail: [woodmen@nb.aibn.com](mailto:woodmen@nb.aibn.com)

## UPPER MIRAMICHI COMMUNITY LIBRARY

7263 Route 8, Unit 1, New Bandon, NB E9C 2A7

Phone 365-2096 email [uppermiramichicommunity.library@gnb.ca](mailto:uppermiramichicommunity.library@gnb.ca) Fax 365-2052



### **Upper Miramichi Community Library Board & Staff**

#### **"Christmas Gift Suggestions:**

To your enemy, forgiveness. To an opponent, tolerance. To your friend, your heart. To a customer, service. To all, charity. To every child, a good example. To yourself, respect." -Oren Arnold

**HAPPY HOLIDAYS TO OUR COMMUNITY RESIDENTS**

#### **BOOKS ON WHEELS DELIVERY PROGRAM**

This free monthly service provides delivery of library material to seniors and shut-ins.

If you wish to take advantage of this special program, or know of someone who might, please reach the Library at one of the above listed contacts.

We now have Daisy players to loan to our visually impaired patrons and a great selection of talking books to loan with them.

#### **UPPER MIRAMICHI COMMUNITY LIBRARY**

*Drop in and check us out!*

##### **REGULAR HOURS:**

Monday, Thursday & Friday - 9-12:30pm & 1:30-5pm

Tuesday & Wednesday - 12:00-5pm & 6-8pm

**Please note the Library will be closed**

**Dec. 24<sup>th</sup>. at noon, all day Dec. 25<sup>th</sup>. 26<sup>th</sup>. and Jan. 1<sup>st</sup>.**

Our outside book drop is available for any items you wish to return.

#### **OUR "NEW" LOCAL ADDRESS BOOKS ARE AVAILABLE**

The 23<sup>rd</sup>.Edition of "Keep In Touch" is here.

These are a great resource for finding mailing addresses of community members.

*If you know of any changes that should be included please let us know.*



#### **WELCOME WAGON**

The Library is delivering "Welcome Wagon" packages for new residents of the Rural Community of Upper Miramichi. In order to continue with this endeavour, we require assistance from community members, businesses, and organizations to:

1. Notify us of newcomers and contact information if available.
2. Provide items for our welcome package such as promotion of your business/organization and hours of opening etc., small welcome gifts, and information on the area.....anything that would make a newcomer feel welcomed and informed.

**Pictured above one of our Welcome Wagon recipients**



**Please contact the Library at 365-2096 for more information or to offer assistance with this program**



## Our Lending Library Collection now includes



- automotive diagnostic code readers,
- Energy meters from NB Power
- Blood Pressure Monitors

You may borrow them for a 3 week period with your valid Library Card. If you don't already have a Library Card, the first one is free. If you have one but have misplaced it the replacement fee is \$2.00



**Did you know you can Donate a  
smartphone and change the life of  
someone who is blind ?**

CNIB Phone It Forward  
will issue a tax receipt for your eligible  
smartphone  
Call the Library at 365-2096  
for more information



## SENIORS SOCIAL

Self Identified seniors are invited to attend our Monthly Program, the last Tuesday of each month, at 9 am. A Light breakfast will be served, Trivia to stimulate your senses and special guests will offer information and guidance in many areas. A great time to socialize with community members. We will not be hosting this program in December, but will resume January 28<sup>th</sup>. in the new year

**Drop in to enter our Free Draw for a \$20.  
Local gift card.  
Share with us the name of your favorite  
Christmas Song**

Check out our *"Honour Roll Tribute"*  
in recognition of

**OLGA ROSS**

Boiestown, New Brunswick





*Merry Christmas and Happy New Year from  
County Line Contractors Inc.*

*Perry McKeil Frank McKeil and their families  
would like to thank all of their customers for  
their business in 2019.*

*Contact us in 2020 for all your construction  
and renovation needs.*

*Perry cell – 447-1385      Frank cell – 447-1305  
Office – 369-2428*

*\*New Home Construction*

*\*Windows and Doors*

*\*Siding*

*\*Renovations*

*\*Decks*

*\*Foundations*

*May this Holiday season be filled with laughter,  
joy and Peace*

**Merry Christmas & Happy New Year**

***Stewart's Service Station.***

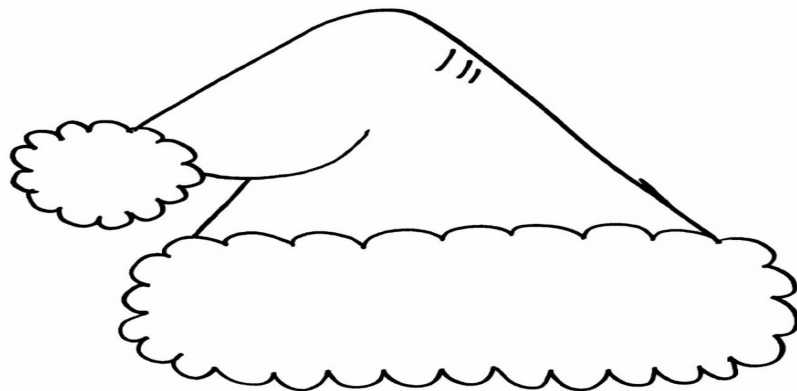
**605 Main Street , Doaktown, NB E9C 1Y3 Telephone: 365-4667**



**Thank you for your Patronage over the past year....**

**Serving our Community & surrounding area for 23 years!**

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**Bring in Santa Hat with Name and Phone number, or mail it. Draw on  
December 20th- Age 18 & up**



**Over North News December 2019 Edition**



# #SURVIVOR!

The 4<sup>th</sup> annual Women's Cancer Survivor Wellness Day was held on October 18 at the Central Woodsmen Museum. A special thanks to the Museum for donating their facility to us for two days to prepare and host the event. It was a beautiful venue for our retreat. Thank you Bernice... The theme this year was "Music Medicine". We had 25 lovely participants who all had the opportunity to spend time building relationships with others who have gone through a similar journey. Our chef this year was Troy Fairweather who prepared a tasty fall lunch. Thanks to Trevor at Independent Grocery, Gwen Stewart, Keith Hunter and the Village Family Restaurant for their contributions towards lunch. Another big thank you to Candle in the Window, Angela Jardine Avon and the Community Miramichi Wellness Network for the door prizes also to our very special guest speakers Wes Tingley and Laurie-Ann McNeil-Connors.

Lisa Lovelace, Chelsie O'Donnell & Lynsey Wilson



## Women's Cancer Support Group Open House

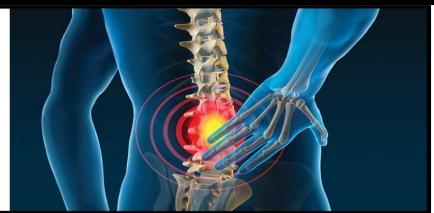
**Date:** December 10, 2019

**Time:** 6:00pm

**Location:** 509 Carrolls Crossing Rd, Carrolls Crossing

This night is an informal affair to find out what the needs and wants are for the group.

Please feel free to contact Sue Parker at 365-7096 with any questions.



# PAIN

- Do you live with chronic or persistent pain?
- Has your quality of life been negatively impacted by pain?
- Are you interested in living well with your pain?
- Are you interested in supporting other people who also live with pain?

If you answered YES to these questions, I want to hear from you!

As part of my MSW program I am working on developing a Chronic Pain Self-Management/Support Group. It is important that those with lived experience of pain are a part of the development of this group.

Please call or email for more information, or if you are interested in being a part of this project.

Thanks, Lynsey

365-6100 [Lynsey.Wilson@HorizonNB.ca](mailto:Lynsey.Wilson@HorizonNB.ca)

Over North News December 2019 Edition

## **Health Centre Holiday Wishes**

On behalf of the staff of the Boiestown and the Central Miramichi Community Health Centres we would like to wish everyone a safe and wonderful holiday season. Christmas is a time to give thanks for all that we have and to remember those less fortunate. If you can volunteer or lend a helping hand this is a great way to support your neighbors, friends and family. We would also like to thank our staff for their exceptional care they provide each and everyday. We are so blessed to have such capable health care providers in our communities. Thank you for the work you do.

### **Central Miramichi Community Health Centre Holiday Hours:**

Monday Dec 23 08:00 – 8:00pm  
Tuesday Dec 24 08:00 – 12:00pm  
Wednesday Dec 25 – CLOSED  
Thursday Dec 26 – CLOSED  
Friday Dec 27 – CLOSED

Monday Dec 30 08:00 – 4:00pm  
Tuesday Dec 31 08:00 – 4:00pm  
Wednesday Jan 01 – CLOSED  
Thursday Jan 02 08:00 – 4:00pm  
Friday Jan 03 08:00 – 4:00pm

### **Boiestown Health Centre Holiday Hours:**

Monday Dec 23 08:00 – 4:00pm  
Tuesday Dec 24 – CLOSED  
Wednesday Dec 25 – CLOSED  
Thursday Dec 26 – CLOSED  
Friday Dec 27 – 08:00 – 12:00pm

Monday Dec 30 08:00 – 4:00pm  
Tuesday Dec 31 08:00 – 4:00pm  
Wednesday Jan 01 – CLOSED  
Thursday Jan 02 08:00 – 6:30pm  
Friday Jan 03 08:00 – 12:00pm

**Have a Merry and Healthy Christmas & New Year**  
**Lisa Lovelace & Lorri Amos, Nurse Managers**



Happy Holidays from the Central New Brunswick Academy TADD committee. TADD stands for Teens Against Drinking and Driving. Our committee would like to remind you to not drive while under the influence of alcohol or drugs. Make sure to plan ahead. You can be responsible:

- Designate a sober driver
- Plan on staying the night
- Call a friend for pick up

Stay safe as you celebrate this holiday season.



# Pat Finnigan

Member of Parliament / Député

Miramichi-Grand Lake

**I would like to wish you and your family a wonderful holiday season filled with special moments to be remembered with your loved ones. To all constituents in Miramichi-Grand Lake, from my family to yours, Merry Christmas and best wishes for 2020!**

**Pat.Finnigan@parl.gc.ca**

Constituency Office / Bureau de Circonscription

50 Airport Drive, PO Box 338, Miramichi, NB E1N 3A7 / 50 Chemin Airport, CP 338, Miramichi, NB E1N 3A7

506-778-8448 1-800-567-5564 506-778-8150 (fax)



## Twas the night before Christmas,

when all thro' the house  
Not a creature was stirring,  
not even a mouse;

The stockings were hung  
by the chimney with care,  
In hopes that St. Nicholas  
soon would be there;

The children were nestled  
all snug in their beds,  
While visions of sugar plums  
danc'd in their heads,

And Mama in her 'kerchief,  
and I in my cap,  
Had just settled our brains  
for a long winter's nap —

When out on the lawn  
there arose such a clatter,  
I sprang from the bed  
to see what was the matter.

Away to the window  
I flew like a flash,  
Tore open the shutters,  
and threw up the sash.

The moon on the breast  
of the new fallen snow,  
Gave the lustre of mid-day  
to objects below;

When, what to my wondering  
eyes should appear,  
But a miniature sleigh,  
and eight tiny rein-deer,  
With a little old driver,  
so lively and quick,  
I knew in a moment  
it must be St. Nick.

More rapid than eagles  
his coursers they came,

And he whistled, and shouted,  
and call'd them by name:

"Now! Dasher, now! Dancer,  
now! Prancer and Vixen,  
"On! Comet, on! Cupid,  
on! Donder and Blitzen;

"To the top of the porch!  
To the top of the wall!  
"Now dash away! Dash away!  
Dash away all!"

As dry leaves before the  
wild hurricane fly,  
When they meet with an obstacle,  
mount to the sky;

So up to the house-top  
the coursers they flew,  
With the sleigh full of toys —  
and St. Nicholas too:

And then in a twinkling,  
I heard on the roof  
The prancing and pawing  
of each little hoof.

As I drew in my head,  
and was turning around,  
Down the chimney St. Nicholas  
came with a bound:

He was dress'd all in fur,  
from his head to his foot,  
And his clothes were all tarnish'd  
with ashes and soot;

A bundle of toys  
was flung on his back,  
And he look'd like a peddler  
just opening his pack:

His eyes — how they twinkled!  
His dimples: how merry,

His cheeks were like roses,  
his nose like a cherry;

His droll little mouth  
was drawn up like a bow,  
And the beard of his chin  
was as white as the snow;

The stump of a pipe  
he held tight in his teeth,  
And the smoke it encircled his head  
like a wreath.

He had a broad face,  
and a little round belly  
That shook when he laugh'd,  
like a bowl full of jelly:

He was chubby and plump,  
a right jolly old elf,  
And I laugh'd when I saw him  
in spite of myself;

A wink of his eye  
and a twist of his head  
Soon gave me to know  
I had nothing to dread.

He spoke not a word,  
but went straight to his work,  
And fill'd all the stockings;  
then turn'd with a jerk,

And laying his finger  
aside of his nose  
And giving a nod,  
up the chimney he rose.

He sprung to his sleigh,  
to his team gave a whistle,  
And away they all flew,  
like the down of a thistle:

But I heard him exclaim,  
ere he drove out of sight —

**Happy Christmas to all,  
and to all a good night.**

—Clement Clark Moore